

**Community Prevention and Wellness
Initiative (CPWI)**

**Port Angeles Healthy Youth Coalition
2021-2023 Strategic Plan**



Port Angeles
**Healthy Youth
Coalition**

Last Updated: April 2022

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List of Abbreviations

ACES - Adverse Childhood Experiences
AHW - Ad-hoc Workgroups
CADCA - Community Anti-Drug Coalition of America
CAT - Coalition Assessment Tool
CCJFS - Clallam County Juvenile and Family Services
CLAS - Culturally and Linguistically Appropriate Services
CSAP - The Center for Substance Abuse Prevention
CTC - Communities That Care
CPWI - Community Prevention and Wellness Initiative
DBHR - Division of Behavioral Health and Recovery
DFC - Drug Free Community
EOW - Epidemiological Outcomes Workgroup
OESD/ESD - Olympic Educational Service District 114
HYS - Washington State Healthy Youth Survey
IOM - Institute of Medicine
LGBTQ+ - lesbian, gay, bisexual, transgender, questioning, plus other gender identities and sexual orientations that are not specifically covered by the five initials
NCE - No Cost Extension
NEAR Science - Neuroscience, Epigenetics, ACEs, and Resilience
ONDCP - Office of National Drug Control Policy
OSPI - Office of Superintendent of Public Instruction
ODU - opioid use disorder
PAHYC - Port Angeles Healthy Youth Coalition
PASD - Port Angeles School District
PCF - Positive Cultural Framework
PCN - Positive Community Norms
RMS - Roosevelt Middle School
SABG - Substance Abuse Block Grant
SAMHSA - Substance Abuse and Mental Health Services Administration
SAP - Student Assistance Professional
SOR - State Opioid Response
SPF - Strategic Prevention Framework
SPF-SIG - Strategic Prevention Framework - State Incentive Grant
SPORT - Substance Use Prevention Optimizingsport Robust Teens
SDRG - Social Development Research Group
SUD - substance use disorder
UW - University of Washington
YEW - Youth Engagement Workgroup

Executive Summary

Clallam County Juvenile and Family Services (CCJFS) was awarded 18-months of funding on July 1, 2021, from the Washington Health Care Authority's Community Prevention and Wellness Initiative (CPWI) to re-fortify community-led efforts to prevent underage substance use and promote youth mental health. By receiving these grants, Port Angeles Healthy Youth Coalition (PAHYC) became one of the newest additions to the statewide CPWI, a proven model for providing prevention services through local coalitions in the state of Washington.

PAHYC is a voluntary partnership within the Port Angeles community that works collaboratively to prevent substance use in childhood, adolescence, and young adulthood through unified, community action. The efforts of the Coalition are directed by residents and partners motivated to respond to underage substance use and engage in local problem-solving in partnership with Olympic Educational Service District 114, Port Angeles School District, and Clallam County Juvenile and Family Services.

Service Area

The City of Port Angeles has long been the primary urban center of the North Olympic Peninsula. It is both the largest city and the county seat of Clallam County, Washington. Described as "*where the mountains meet the sea*," Port Angeles is the quintessential representation of the Pacific Northwest. It serves as the access point to the remote Olympic National Park and the Strait of Juan de Fuca. The City can be reached on Highway 101 or by William R. Fairchild International Airport, and a ferry service provided by M.V. Coho across the Strait to Victoria, British Columbia in Canada. The Port Angeles School District includes nearby rural areas in the 98362 and 98363 zip codes, with enrollment for the 2021-22 school year of 3,446 students, in a community population of 19,960 (2020, US Census).

Port Angeles is strongly influenced by its geographic features, proximity to Canada, and tribal culture of the Lower Elwha S'Klallam Tribe. Since time immemorial, this has been the lived territory of the Lower Elwha S'Klallam Tribe, a sovereign, federally-recognized Indian Nation with its own constitution and government. The Lower Elwha Klallam Tribe resides in the Lower Elwha River Valley and adjacent bluffs on the north coast of the Olympic Peninsula just west of Port Angeles.

2021-2023 Strategic Plan Summary

The 2021-2023 Strategic Plan is a short-range planning document establishing the Port Angeles Healthy Youth Coalition's approach to address substance use disorder and opioid use disorder prevention in the Port Angeles School District (PASD). This plan will guide the Coalition to prioritize local conditions that influence youth substance use. The PAHYC analyzes quantitative data from the Healthy Youth Survey (HYS) from the Office of Superintendent of Public Instruction (OSPI) and qualitative data obtained internally and from local partners. The data has been used to select strategies that impact the risk and protective factors contributing to youth substance use in Port Angeles and the region. Our strengths,

challenges, resources, and readiness determine the scope of these strategies. Ongoing evaluation of the effectiveness of this work to complete intended outcomes is outlined to ensure the success of our collaborative effort.

Assessment

The Port Angeles community has been impacted by the long-term consequences of youth substance use from a higher incidence of substance use disorder (SUD) and opioid use disorder (OUD) in adulthood. The long-term consequences include, motor-vehicle accidents with accident-related fatalities from driving under the influence of single or polysubstance use, poorer mental health outcomes, higher suicide ideation and attempts, lessened academic success, student involvement with criminal behaviors associated with substance misuse, generational exposure to traumatic experiences, and untreated SUD/OUD. These consequences have affected our community's overall capacity to collectively problem-solve and maintain healthy outcomes for youth and young adults growing up in Port Angeles.

Most students in the Port Angeles School District do not use substances, yet improvements can be made to reduce underage use of alcohol, cannabis, tobacco, and vape products. Measures from the Healthy Youth Survey show substance use among 8th, 10th and 12th grade students is frequently above statewide averages. This is influenced by a higher than statewide average perceived ease of access to substances, self-reported earlier use initiation, lower perceived risk of harm from regular use, and perceived peer attitudes that are tolerant or approving of substance use.

Planning

To increase protections for young people to avoid substance use and other high-risk behaviors, the Coalition has chosen to focus on five primary goals for our prevention efforts,

1. Increase community capacity and readiness to address youth substance use, misuse, and abuse.
2. Decrease early initiation of substance use among 8th and 10th grade students in the Port Angeles School District.
3. Increase universal prevention services for parents and caregivers to lessen the effects of stress and trauma and generational substance use disorder.
4. Decrease perceived availability of substances to the youth population.
5. Increase healthy beliefs and clear standards to promote a safe and healthy culture.

Implementation

The Coalition will implement their 2021-2023 strategies, programs, and activities with a selection of evidence-based strategies to mobilize the greater community to engage in prevention efforts. These include

- Community-based Port Angeles Healthy Youth Coalition, Youth Concerns Port Angeles, Epidemiological Outcomes Workgroup, Town Hall Events, Training Programs, and Handle With Care.
- School-based Youth Prevention Club at Port Angeles High School, SPORT Prevention Plus Wellness, and school-based social norms marketing with Positive Cultural Norms.
- Parent/caregiving strategies include Guiding Good Choices, Nurse Family Partnership, Hidden in Plain Sight, and High in Plain Sight.
- Environmental and informational strategies include Med Take Back Campaign, Lockbox/Lock Bag distribution, and local purchase surveys of tobacco, vape products, and alcohol.
- Additional supporting strategies include Mentor Washington, Mentor Washington LGBTQ+ supplemental, and social norms marketing with Positive Cultural Norms.

Organizational Development

Our Mission: To prevent substance misuse and abuse in childhood, adolescence, and young adulthood through unified, community action.

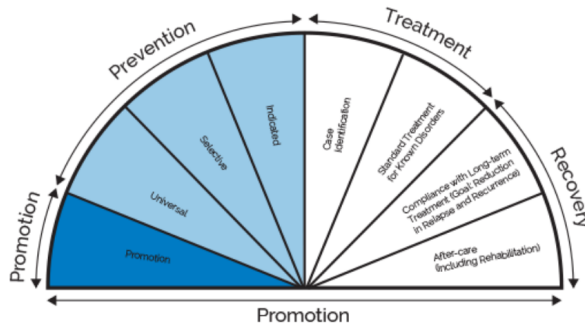
Our Vision: Port Angeles is a safe place where young people thrive, free from substance misuse and supported in their overall health and well-being.

Port Angeles Healthy Youth Coalition (PAHYC) understands that substance misuse and abuse in childhood, adolescence, and young adulthood is preventable through a nurturing community and the healing potential of human relationships. Community members and partners work together to provide youth with a foundation of health and well-being, equipped to cope with the challenges of life and adulthood.

Equitable Outcomes: Our shared hope is to prevent young people from developing an unhealthy relationship with alcohol, cannabis, tobacco, opioids, and other substances. Substance use disorder does not discriminate. All young people are at some risk of misusing and abusing substances. PAHYC believes that all young people deserve a healthy and safe community. As long as poverty, race, ethnicity, ancestry, and sexual orientation continue to predict the future life chances of children, we are committed to working with community members, leaders, and partner organizations to identify barriers to child health and well-being and eliminate disparities in outcomes.

Prevention Science: To accomplish this work, Port Angeles Healthy Youth Coalition utilizes accurate, relevant, and localized prevention science. The Coalition's approach is based on emerging and fundamental behavioral health frameworks and evidence-based strategies informed by the Substance Abuse and Mental Health Services Administration (SAMHSA) Strategic Prevention Framework (SPF), Positive Cultural Framework (PCF) from the Center for Health & Safety Culture from Montana State University, and NEAR Science (Neuroscience, Epigenetics, ACEs, and Resilience).

Figure 1: Continuum of Care



Institute of Medicine. (2009). Preventing Mental, Emotional, and Behavioral Disorders Among Young People: Progress and Possibilities. Washington, DC: The National Academies Press. Available at: <https://doi.org/10.17226/12480> (Accessed 10 March 2020).

Figure 2: Strategic Prevention Framework (PTTC)



Substance Abuse Mental Health Services Administration - A Guide to SAMHSA's Strategic Prevention Framework. (2011). <https://www.samhsa.gov/sites/default/files/20190620-samhsa-strategic-prevention-framework-guide.pdf>

The Institute of Medicine’s Continuum of Care (*Figure One*) is a classification system that we use within the Port Angeles Healthy Youth Coalition to define the scope of our work. Our strategies support efforts across the continuum, emphasizing promotion and prevention. **Promotion activities** occurring across the continuum are designed to support a community to cultivate conditions that optimize an individual’s well-being by making them less vulnerable to adversity and less likely to engage in unhealthy behaviors. Since childhood experience can have a lasting impact on a person’s life, the Coalition focuses on promotional activities that foster positive childhood development from infancy through young adulthood.

Prevention strategies are intended to prevent substance use disorder and reduce the risks and consequences associated with underage substance use. These strategies are designed to address (1) universal interventions for the general public, (2) selective interventions to focus on individuals at higher than average risk of underage substance use, and finally (3) indicated measures to support individuals that are actively experiencing early indications of underage substance abuse disorder. In all cases, prevention is intended to build individual and community strengths.

The Strategic Prevention Framework (*Figure 2*) involves

1. Identifying and explaining the nature and extent of our concerns.
2. Addressing the local factors that influence our concerns across the social ecology.
3. Reviewing existing resources and consensus to determine the level of readiness that exists to work towards addressing our concerns.

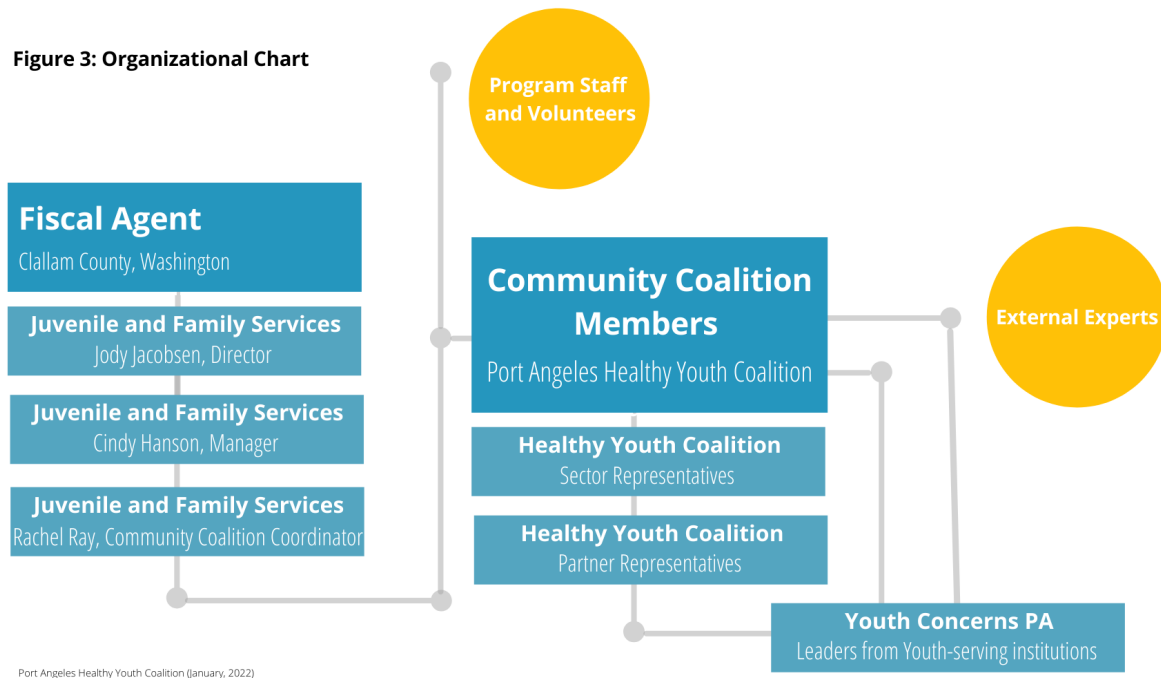
The effectiveness of this planning process begins with a clear understanding of the local needs in the community and involves community members in all stages of the process. To ensure adequate capacity to follow this framework, the Coalition focuses first and foremost on building effective relationships with key stakeholders and partners.

When applying the steps of SPF to the Coalition, sustainability and cultural competence are central. These two guiding principles ensure that all Coalition-related activities are respectful and responsive to the cultural diversity of Port Angeles. In practice, the Coalition customizes prevention and promotion in a way that reflects and fits with the cultures and groups in Port Angeles and offers inclusive language and messaging, including the use of translation services, when needed.

Coalition Structure and Organization

The Port Angeles Healthy Youth Coalition is a voluntary partnership of residents and partners within the Port Angeles School District. The Coalition's leadership structure comprises members, partners, leaders from youth-serving entities, and staff support. The Coalition is housed with Clallam County Juvenile and Family Services to expand and enhance prevention efforts across the County.

Figure 3: Organizational Chart



Coalition Members represent the Port Angeles community and reflect the various cultures and groups. Members bring a variety of expertise and experience dedicated to supporting local youth to achieve overall health and well-being. Membership is action-oriented and includes attending regularly scheduled, monthly Port Angeles Healthy Youth Coalition community meetings, volunteering with short-term events, and advocating for local prevention efforts. Members also have access to learning and training opportunities through the Coalition. These training opportunities support members in effectively engaging in strategic planning, achieving program deliverables, and participating in community organizing.

Sector representatives represent a sector in Port Angeles. Every coalition member represents a sector such as the business community, advocacy, mental health, public health, healthcare professionals, law

enforcement, court or judiciary, parent and caregiver, schools and education, SUD treatment, SUD recovery community, youth, youth-serving organization, military/veteran, and local government. As of January 2022, recruitment for emergency medical systems, pharmacy professionals, media, religious and fraternal, and LGBTQ+ supporting sectors is still active. One representative from each sector is encouraged to participate in at least one PAHYC workgroup and serve as a point of contact for questions and inquiries regarding their sector.

Partner representatives are interested organizations and community entities that receive a copy of meeting minutes, fiscal and productivity reports, and coalitions communications. These influential community members are dedicated to building local capacity and infrastructure to support local youth to be successful. They also enhance the Coalition's ability to participate in and access local decision-making systems and build collaborative partnerships.

Student Assistance Professional (SAP) at Port Angeles High School provides early alcohol and other drug prevention and intervention services to students and their families. They also assist in referrals to treatment providers, screening for high-risk behaviors, school-wide prevention activities, workshops for school staff and parents, facilitating support groups, and youth engagement around campus-wide prevention. This role is supervised by the Olympic Educational Services District 114 and is housed in Port Angeles High School. The SAP is a partner, and attends Coalition meetings, engages with the Coalition on school-based prevention strategies, and provides a conduit for student engagement.

Leaders from youth-serving institutions in Port Angeles convene quarterly at Youth Concerns Port Angeles, hosted by PAHYC members. Youth Concerns Port Angeles provides an opportunity for leaders to identify shared areas of hope and concern, share resources, update one another on trends and activities, and discover possibilities for collaboration. The overarching goal is to align services to ensure the community safety net is intact to meet the needs of young people in Port Angeles. Feedback gathered from pre/post surveys, one-on-one interviews, and meeting notes are used to inform Coalition efforts. PAHYC, with staff support, also presents annually at youth-serving institutions on local prevention efforts and explores partnership opportunities.

Fiscal and staffing agent for PAHYC is Clallam County Juvenile and Family Services (CCJFS). CCJFS staff works closely with external experts, coalition members, sector and partner representatives, and leaders from youth-serving institutions to enhance existing prevention capacity in Port Angeles. Financial oversight, staff and administrative management, and in-kind office support are managed by CCJFS staff.

The Coalition also relies on **external experts** in their field to offer feedback on the implementation of prevention strategies, leadership development, and communication efforts. These are local, regional, state, and national resources include the Social Development Research Group (SDRG) at the University of Washington (UW) in SAMHSA's Region 10 Northwest Prevention Technology Transfer Center in partnership with Washington State University and the technical assistance offered through Community Anti-Drug Coalition of America (CADCA), Washington's Division of Behavioral Health and Recovery

(DBHR) and Montana State University's Center for Health and Safety Culture. Additional program staff and volunteers are selected and overseen by CCJFS staff.

Communication

We rely on regularly scheduled, between-meeting communication to maximize our productivity. This has become especially important in a remote, virtual working environment. To promote open and reciprocal communication, we use a monthly newsletter, bi-monthly emails, social media, one on one communication, a website, and virtual presentations on partner meeting platforms. The Community Coalition Coordinator also represents the Port Angeles Healthy Youth Coalition at various community groups, meetings and events. The Coalition is in its first year, and communication efforts are expected to evolve to include more member involvement over time.

Port Angeles Healthy Youth Coalition will continue to prioritize health and safety and delay in-person communication until it is determined to be safe to do so, following Clallam County Health and Human Services guidelines. The Community Coalition Coordinator meets monthly via phone or Zoom with members to hear the diversity of perspectives on Coalition efforts and activities to fill the communication gap created by a lack of in-person interaction. This has proven to be an effective tool for staying informed and connected. Members are also encouraged to stay connected outside of our designated time together.

Our Communication Plan, adapted to a virtual environment

- **Email Newsletter** - Key updates, links to surveys, volunteer and training opportunities. Received monthly on the last Thursday of every month to the PAHYC email subscription list.
- **Email Updates** - Meeting invitations with Zoom links, meeting agendas, and meeting minutes. Received monthly on the first and last Tuesday to coalition members and partners.
- **Social Media Promotion** - Key updates, events and community activities, and promotion of regional and national prevention campaigns and partner campaigns and activities. Updated weekly on the Port Angeles Healthy Youth Coalition Facebook Page and PAHealthyYouth Instagram Page.
- **Virtual Presentations** - Annual Action Plan and Strategic Plan, prevention science and strategy, and PAHYC updates. Provided annually by invitation to the City Council of Port Angeles, Clallam County Commissioners, Port Angeles School District, Port Angeles High School, and Port Angeles School Board.
- **Virtual "Walk N' Talk" and "Sit N' Sips"** - Key informant interviews to explore local conditions influencing underage substance misuse and abuse and feedback on PAHYC events and activities. Conducted monthly with coalition members, quarterly with key leaders, and annual with local stakeholders and community members.
- **Website Updates** - Key updates, events, training, volunteer opportunities, and prevention science are explored on the Coalition's website available to the public.

These platforms are also used to promote local, state, and national social marketing campaigns, highlight prevention holidays and events, and partner events and activities.

Our Communication Strategy

We understand that changing people’s awareness does not equal a change in behavior. With this understanding in mind, we are working to develop prevention communication campaigns that meet the message development criteria outlined by Montana State University’s Center for Health and Safety Culture with the Positive Cultural Framework. As a part of this process, we have begun the work of identifying messages that address gaps in community knowledge and understanding and finding credible “voices” to reach diverse audiences across our community in hopes to,

- Address specific misperceptions among parent and caregiver audiences to grow protective behaviors that improve youth health and safety. Parental figures who believe most youth do not consume substances are more likely to disapprove of their youth using.
- Address specific misperceptions among community members to grow protective behaviors that improve youth health and safety. Community members who believe most youth in Port Angeles do not consume substances are more likely to disapprove of youth substance use in their neighborhood and other communities within our communities, such as faith, sport, and extracurricular groups.
- Address specific misperceptions among professional audiences to reduce stigma to improve protective behaviors towards individuals with substance use and opioid use disorder. Partners with a better understanding of the impacts of stigma on an individual's self-efficacy, access to resources, social status, and overall health become energized and engaged in uncovering and ultimately improving contexts in Port Angeles that create stigmas.
- Promote a safe and healthy culture among local leaders to impact people’s knowledge and confidence to speak on shared concerns and provide a path forward for the community. When leaders speak with hope and concern, it can foster meaningful dialogue among community members about the strengths and assets of Port Angeles, side-by-side with our local challenges, effectively reducing “place blaming” and bystander apathy.

We discover a shared foundational understanding of prevention science during this renewed capacity-building phase in the Coalition’s development. This has included utilizing existing language from former iterations of the Port Angeles Healthy Youth Coalition, such as risk and protective factors, Continuum of care, and the Strategic Prevention Framework.

Decision-Making Process

To ensure effective coordination of Coalition activities, support staff are responsible for facilitating collaborative financial, strategic, and development decisions with coalition members, partners, and leaders. Monthly community meetings provide an opportunity to discuss critical Port Angeles Healthy Youth Coalition updates and facilitate consensus-driven, open discussions on the direction and goals of the Coalition.

All PAHYC meetings occur virtually to stay safe during the COVID-19 pandemic. As part of the PAHYC virtual meeting guidelines, we include, *“Embrace the pause; silence is not consent. When making decisions, we try different strategies to make sure everyone’s voice is heard.”* These strategies include anonymous polls, anonymous comments, and various facilitation activities from Liberating Structures (LS). LS is an online database of non-conventional meeting designs that support people to feel safe and increase creativity in problem-solving.

The Community Coalition Coordinator facilitates these engagement methods to lead the Coalition to a majority group consensus. During virtual meetings, all present, including coalition members, partners, and leaders, are invited to engage in collaborative decision-making. In-between sessions, the Coalition uses anonymous surveys on SurveyMonkey to gather opinions on strategic planning and programming decisions. These results are collected and presented anonymously.

A **decision-making process** has yet to be formalized as of the completion of this plan. However, to maintain program continuity during this capacity-building phase, we follow these guidelines:

- a. PAHYC efforts must comply with the Community Prevention Wellness Initiative funding requirements until March 14, 2023, or until funding is renewed. These grants include Substance Abuse Block Grant (SABG), COVID Enhancement and State Opioid Response (SOR) No Cost Extension (NCE), and SOR II awards. The Washington Health Care Authority oversees these awards with a designated Prevention System Manager.
- b. Coalition membership is action-oriented and supports the implementation of the PAHYC Strategic Plan. Coalition Members meet monthly during regularly scheduled meetings to implement the 2021-2023 Strategic Plan. Members, sector, and partner representatives are encouraged to engage in meetings and workgroups that best fit their interests.
- c. PAHYC staff are strongly encouraged to follow The Principles of the Code of Ethical Conduct for Prevention Professionals. These principles include: Non-Discrimination, Competence, Integrity, Nature of Services, Confidentiality, and Ethical Obligations for Community and Society.
- d. Coalition members do not initiate or execute Coalition activities not included in the 2021-2023 Strategic Plan without obtaining direction and approval from other coalition members at regularly scheduled community or workgroup meetings.

- e. All PAHYC communications and distributed materials must be reviewed and documented by CCJFS staff for brand consistency, logo inclusion, and grant compliance.
- f. Technical consultants and external experts are resources for the Coalition. We rely on prevention science and prevention science experts when executing the 2021-2023 Strategic Plan.
- g. PAHYC is financially supported by the Community Prevention Wellness Initiative overseen by Clallam County Juvenile Family Services for contract compliance. Financial operations are managed by CCJFS staff and reviewed annually by Port Angeles Healthy Youth Coalition members.

Membership Recruitment and Retention

Membership: Our Coalition seeks members within the community, people who have particular expertise and credibility with community members, and people who have a particular passion for preventing substance misuse and abuse because of their lived experience or professional interests. We encourage each coalition member to have personal or professional goals that relate to the purpose of the Port Angeles Healthy Youth Coalition.

We recognize it takes a diversity of perspectives, experiences, thoughts, background and culture to cultivate a community coalition. The PAHYC welcomes all people of every race, color, sex, nation of origin, ethnicity, religion, sexual orientation, gender identity, and expression of profession, education and walk of life. In developing the coalition, we keep in mind the purpose of convening and what it is we are trying to achieve. Not all community members and partners share the same precise goal, but they share the common goal of wanting to improve the health and safety of young people in Port Angeles. There is no “typical” member or partner, we invite people who are innovative, unafraid to ask questions, and are dedicated to solving challenges put before them. Together, we call upon everyone to be a part of achieving the vision that our community is a safe place where young people thrive, free from substance use and supported in their overall health and well-being.

Those who have an active interest and commitment to promoting the mission and vision of the PAHYC are eligible for membership. All prospective members meet with an existing coalition member from the same or overlapping sector to create a member profile using the online platform SurveyMonkey. The survey determines sector placement, training interests, and volunteer preferences. This brief orientation includes a virtual or in person “sit n’ sip” meet n’ greet to review prevention science and the Coalition’s goals, objectives, strategies, and a summary of our most recent needs assessment. All orientations are provided by existing coalition members from the same or overlapping sector with the support of the Community Coalition Coordinator, as needed.

Partners not interested in membership are also invited to complete the online survey and share their training needs and engagement preferences. Membership is voluntary, and those who participate serve in a volunteer capacity. Formal by-laws, as of the completion of this plan, have yet to be established.

Membership varies depending on the Coalition's needs and the Coalition's ability to attract meaningful representation from various community sectors. PAHYC follows and fulfills the Community Prevention and Wellness Initiatives twelve sectors to consider for membership: (1) Youth, (2) Parents, (3) Public safety or law enforcement, (4) Schools, (5) Business, (6) Media, (7) Youth-serving, (8) Religious and fraternal organizations, (9) Civic and volunteer groups, (10) Healthcare professionals, (11) State, local and tribal agencies with expertise in substance use/misuse, (12) Other organizations involved in reducing substance use/misuse. The Coalition Coordinator tracks membership, sector, and partner involvement through virtual sign-in sheets and recorded meeting minutes.

Workgroups: There are four active workgroups in the Port Angeles Healthy Youth Coalition open to all members and partners. The purpose of workgroups are to (1) determine how to utilize existing funding for prevention strategies, (2) implement specific prevention strategies, and (3) advocate for policy, environmental and normative changes that support youth substance misuse and abuse prevention in Port Angeles. Coalition members have the power to affect change, propel strategic and concerted resolution forward, and ensure that community prevention approaches and materials are culturally relevant. These workgroups allow coalition members to own, embrace, and commit to the program goals and enroll others based on their unique skills, abilities and interests,

- **Epidemiological Outcomes Workgroup (EOW)** is responsible for data analysis, visualization, and interpretation. We acknowledge our success in communicating information does not start with the information itself. Our time is prioritized in understanding the local context and building content that meets our audience's intended purpose. Our tools include Excel, Tableau Desktop and Prep, ArcGIS, XMind, and Canva.
- **Youth Engagement Workgroup (YEW)**, in partnership with Olympic Educational Service District 114 and Student Assistance Professional, is focused on youth and student engagement. We acknowledge the success of our efforts relies on our ability to be culturally responsive to the perspectives of young people in our community. "Generation Z" is the most diverse generation in American history, known for celebrating untraditional views on identity. This generation's use of tech devices, apps, and social media platforms has also become ubiquitous with life. Our tools include listening sessions, social media outreach, and video production.
- **Ad-hoc Workgroups (AHW)** are short-term and address emerging topics and needs. These opportunities include one-day events, short-term volunteer opportunities, projects or task-based, and opportunities that ask for specific skills, talent, or expertise. The active AHW in January 2021 is focused on branding, reviewing logo, color, and font applications.
- In addition to monthly community meetings, PAHYC hosts monthly, regularly occurring PAHYC **Lunch Planning Hour** ("Lunch") workgroup meetings. Members and partners discuss and plan upcoming events, community outreach, and coalition building in a forum-style with open discussion and mutual support of the Coalition's goals. We strive to be an inclusive community initiative and use these meeting times to reflect on adopting a safe, nurturing coalition structure

that reinforces equitable and inclusive communication. Our planning efforts also aim to reduce the chance of duplicating efforts, eliminate competition for resources, and improve communication within the community.

The Community Coalition Coordinator is responsible for providing training and skill-building opportunities, access to resources, and facilitation support. To convene a successful coalition, the Coordinator is responsible for developing one-to-one relationships with every coalition member, comprehending each member's professional self-interests and helping translate them into coalition involvement, communicating positions on difficult, even controversial issues, actively delegating and enlisting members' support in mutually beneficial ways, get recommendations from every member and known decision-maker, show appreciation and gratitude, and maintain the Coalition's forward momentum even in the face of setbacks.

Cultural Competency in Organizational Development

Port Angeles Healthy Youth Coalition members asked the question, "What communities exist within our community?" Adapted from CADCA's community development model, members asked each other, friends, neighbors, and colleagues, "What are the cultural, language, racial, and ethnic groups in our service area?" During this "in the community activity" (ITCA), members revealed various types of diversity in Port Angeles.

Our Coalition defined Port Angeles as a dynamic, evolving, resilient community. We highlighted our city's unique characteristics and internal differences that must be addressed with cultural humility. There are a myriad of communities within this community, with a diversity of political, social, and economic affiliations. Our area is home to many multigenerational families and newcomers; identified Republicans and Democrats, split in the last election nearly 50/50; residents mobilized towards social justice initiatives, and residents rallied towards preservation and conservatism. Together as a community, we are united by a commitment to serving families and youth, a desire for social connection and reciprocity, philanthropy, and shared enjoyment in nature and physical activities like running, cycling, hiking, kayaking, surfing, swimming, extreme and team sports - and even dancing as Dungeness crabs in our highly praised Nutcracker ballet. These differences present significant equality issues while providing the Coalition with an opportunity to harness our shared strengths towards achieving outcomes for children and youth to succeed.

The median household income is \$47,256 (2019 estimates), with 17.4%, approximately 4k out of 19.9k people living below poverty. The largest demographic living in poverty are Females 25-34, followed by Males <5 (2020, US Census, Accessed 01/2022). The impacts of the COVID-19 pandemic have highlighted many challenges, including a growing lack of available residential housing and, with it, an urgent need to provide affordable options for unhoused individuals and families in Port Angeles. Before the pandemic, the median property value was \$217,100, with ownership of 53.1%. In December 2021, home prices' median price had risen to \$418,000 (Redfin, Accessed 2/1/2022).

Number to be Reached within the City of Port Angeles (2021-2023)

Table One: City of Port Angeles Demographics		
Population	Number	Percentage
All Race/Ethnicity	19,960	100%
Hispanic	1,490	6.6%
Black	293	1.5%
American Native	1,356	2.8%
Asian	652	2.5%
White (Non-Hispanic)	14,529	80.4%
Native Hawaiian/PI	66	<1%
Multi-Racial	1,574	5.2%

**Estimates based on 2020 United States Census data*

Number to be Reached within the Port Angeles School District (2021-2023)

Table Two: Port Angeles School District Students Demographics (2021-22 School Year Enrollment)		
Population	Number	Percentage
All Race/Ethnicity	3,491	100%
Hispanic	350	10%
Black	25	<1%
American Indian/ Alaskan Native	182	5.2%
Asian	59	1.7%
White (Non-Hispanic)	2490	71.3%
Native Hawaiian/PI	7	<1%
Multi-Racial	378	10.8

https://portangelesschools.org/administration/district_demographics (Accessed, 02/2022)

Table Three: Port Angeles School District Students by Gender		
Population	Number	Percentage

All Gender		100%
Male		
Female		
Non-Binary		

**Estimates will be based on 2021 Healthy Youth Survey available anticipated to be available in April 2022.*

Table Four: Port Angeles School District Students by Sexual Identity		
Population	Number	Percentage
All Sexual Identity		100%
Gay		
Lesbian		
Bisexual		
Transexual		
Heterosexual/Cis-Gender		

**Estimates will be based on 2021 Healthy Youth Survey available anticipated to be available in April 2022.*

Port Angeles and the greater region have experienced a shift in the local economy over time. The service and hospitality sector has experienced significant organic growth over the past decade in Port Angeles, with the Olympic National Park attracting over 2.49 million visitors in 2020 (National Park Service Visitor use Statistics, Accessed 01/2022). Logging and timber, agriculture, and commercial and sport fishing are historically essential industries that have experienced a decline. The Port of Port Angeles still operates a marina, boat haven, and stopping point for cruise and naval ships. The largest employment sectors within Port Angeles include Health Care and Social Services, Hospitality and Food Services, and Retail Trade. The primary employers are Olympic Medical Center regional hospital, the Port Angeles School District, and the Clallam County government.

The City is also home to Peninsula College. This vibrant learning community provides entry-level and advanced training in various areas and attracts strong interest in welding technology, automobile mechanics technology, carpentry, nursing, and substance abuse counseling. In the 2019 to 2020 school year, total enrollment was 3,362 students (National Center for Education Statistics, Access 01/2022).

Port Angeles Healthy Youth Coalition’s **cultural competency plan** will ensure adherence to the enhanced National Standards for Culturally and Linguistically Appropriate Services (CLAS Standards) in Health and Health Care. This will include attention to:

- a. Diverse cultural beliefs and practices: Training and hiring protocols in conjunction with Clallam County Juvenile and Family Services will be implemented to support the culture and language of all populations in Port Angeles.
- b. Preferred languages: Interpreters and translated materials will be used for non-English speaking clients and those who speak English but prefer materials in their primary language. Key documents will be translated.
- c. Health literacy and other communication needs of all minority populations identified in the proposal: All service deliverables will be tailored to include limited English proficient individuals. Staff will receive training to ensure capacity to provide services that are culturally and linguistically appropriate.

In the coming months, we are determined to continue developing a decision-making structure and evaluating the organization's cultural competence to improve our strategic outreach and membership development. We conduct self-criticism of PAHYC meetings to build a common set of values and expectations through the Coalition Assessment Tool (CAT) survey conducted annually every October. This simple, online form enables members to anonymously share their reflections on the Coalition's voice, responsibility, and visibility.

Sustainability in Organizational Development

Even the most effective and well-resourced efforts should only continue if they remain a good fit for the broader community. The value of the Port Angeles Healthy Youth Coalition has been determined by community stakeholders that have sustained involvement over the decades since the Coalition was first conceptualized in 2003. Since then, the Port Angeles Healthy Youth Coalition has been convened and organized without fiscal support. These members represent a shared purpose of increasing community collaboration, strengthening partnerships, and improving outcomes for people in the community. Our prevention efforts in 2021-2023 are built on the work of these historical members and local partners committed to this work. Moving forward, we are encouraged that our organizational capacity will continue to evolve and build off of the years of notable accomplishments in prevention in Port Angeles.

To sustain the involvement of the people described in the previous section, our meetings and work are forward-moving. This stage in our re-launch requires fostering Coalition leadership and nurturing new and familiar community partnerships. To accomplish this in years one and two of funding, the Community Coalition Coordinator is dedicating time and skills to ensure that the coalition's efforts are coordinated, inclusive, and well-paced with the input of historical members and partners.

Capacity Building

Since 2003, Port Angeles has led prevention efforts in Clallam County to reduce youth substance misuse and abuse. In July 2003, Port Angeles was selected as a site for the University of Washington's Community Youth Development Study, "Communities That Care" (CTC). The study based on Hawkins and Catalano's CTC model focused on reducing youth substance use in grades 5 through 8 at Roosevelt Middle School (RMS). After the closure of RMS in 2006, Port Angeles was awarded the Strategic Prevention Framework - State Incentive Grant (SPF-SIG) from the Washington State Division of Alcohol and Substance Abuse (DASA).

From 2011-2016, Port Angeles received five years of federal Drug Free Community (DFC) Support Program administered by the White House Office of National Drug Control Policy (ONDCP) to sustain a reduction in youth substance use. During this time, Port Angeles employed the Positive Community Norms (PCN) model and Strategic Prevention Framework to strengthen healthy norms and behaviors that protect young people from high-risk behaviors. After completing the DFC program in 2016, the Port Angeles Healthy Youth Coalition was sustained with the support of Prevention Works! Community Coalition of Clallam County.

Port Angeles Health Youth Coalition was re-conceptualized in 2019 under the guidance of the Division of Behavioral Health and Recovery (DBHR) Fellowship program in partnership with Washington State University. From 2019 to 2021, the Coalition was supported by two DBHR Fellows to build prevention capacity with the possibility to later expand into a CPWI recipient site. On July 1, 2021, the PAHYC was awarded capacity-building funding from CPWI until March 14, 2023. These grants include Substance Abuse Block Grant (SABG) COVID Enhancement and State Opioid Response (SOR) No Cost Extension (NCE) and SOR II awards to build upon and expand existing strategies to prevent the onset and reduce the progression of alcohol, cannabis, and opioid use and abuse in childhood, adolescence, and young adulthood.

Port Angeles Healthy Youth Coalition serves as the community organizer within the City of Port Angeles, convening local and regional prevention partners, public health entities, and youth-serving institutions. The Coalition provides technical support and opportunities to enhance prevention efforts through evidence-based training opportunities, connection with external prevention experts, and technical assistance through the Coalition.

Outreach

In a virtual environment, our Coalition has chosen to prioritize the importance of creating brand recognition, distinct from past iterations of the PAHYC, to boost and refresh community engagement. In August 2021, the Coalition began by re-developing clear branding guidelines. PAHYC contracted with brand specialist Red Umbrella Designs in Seattle after reaching out to several designers in the region. The designer worked closely with the Coalition Ad-hoc Workgroup to create and finalize a brand package

with a logo, font, color, and design recommendations. These design details were then incorporated into Port Angeles Healthy Youth Coalition's communication platforms.

With this renewed public presence, the Coalition has started cultivating a shared sense of concern regarding underage substance use prevention and establishing how we progress together towards achieving outcomes. We have done this, in part, by showcasing information about underage substance use, as well as local data and crafted speaking points. We write and share press releases, flyers, and educational materials about underage substance use and related risk and protective factors throughout the community and region. We also provide community town hall events to share emerging prevention research, data, and prevention best practices. These efforts are in addition to implementing our communication plan (*see page 10*).

To enhance and expand outreach capacity, we are working closely in strategic partnership with multiple entities to offer no-cost training opportunities and implement strategies that support existing programming. Youth Concerns Port Angeles is a key leader training attended by local and regional leaders from youth-serving institutions. We facilitate this opportunity to build capacity among decision-makers to advocate on behalf of and collaborate to enhance prevention strategies in our region. Here local experts share knowledge, resources, and information specific to localized, culturally relevant prevention efforts.

The Coalition partners with BAART Port Angeles, Child Advocates of Clallam County, Clallam County Commissioners, Clallam County Health and Human Services, Clallam County Juvenile and Family Services, Clallam County Prevention Works!, Clallam County Prosecutor's Office, Clallam Resilience Project, Clallam County Sheriff's Office, Olympic Educational Services District 114, Healthy Transitions of the Lower Elwha Klallam Tribe, Lutheran Community Services, North Olympic Healthcare Network, Olympic Peninsula Boys and Girls Club, Olympic Peninsula YMCA, Peninsula Behavioral Health, Peninsula College, Port Angeles Law Enforcement, Port Angeles School District, Serenity House of Clallam County, Strengthening Families Locally, United Way of Clallam County, and Washington State University Clallam Extension. Members forge collaborative relationships with new and existing organizations with shared goals to improve outcomes for young people in Port Angeles, provide prosocial opportunities and reduce traumatic experiences.

At the regional level, our Coalition Coordinator will continue to support a monthly coalition coordinator meeting with fellow Community Prevention and Wellness Initiative and Tribal coalitions in Clallam County to collaborate and share resources and other prevention information.

Training and Technical Assistance

Port Angeles Healthy Youth Coalition has determined it is essential to use this capacity-building phase to educate non-experts on foundational knowledge of prevention science, risk and protective factors, short and long-term consequences of youth substance use, cultural humility, and community coalition building. Stigma has been identified as a barrier to progressing substance use disorder and opioid use

disorder prevention in Port Angeles and several casual issues related to housing, child neglect and abuse, academic and employment outcomes, public safety, and mental and physical health. The Science of Stigma Training with the Montana Center for Health and Safety has been identified as the equity training for the 2022-2023 training calendar. This training will be provided to all prioritizing interested coalition members, public safety, and social service entities in Port Angeles.

Other activity was selected with known prevention training entities and the Division of Behavioral Health and Recovery to increase coalition member capacity to implement prevention efforts and engage in strategic planning. We use the Coalition monthly newsletter emailed to members, partners, and leaders to recruit training and technical assistance opportunities.

Table Five: Training Presenters with Dates and Targets				
Training	Date(s)/Location	Coalition	Community	Staff
Cultural Competency: The Science of Stigma with the Center for a Health and Safety Culture	August 2022 On Site or Remote	Coalition Members (10-15)	To be determined	1 (Coordinator)
Positive Cultural Framework Training with Montana Center for a Health and Safety Culture	February 2022, February 2023 Remote	Coalition Members (3-5)	Clallam Resilience (1)	1 (Coordinator)
Youth Concerns Port Angeles (Key Leader Event)	12/2021, 03/2022, 07/2022, 12/2022 (repeated in 2023) Remote	Members (8-12)	Partners (10-30)	1 (Coordinator)
Montana Summer Institute with Dr. Jeff Linkenbach	June 2022, June 2023 Remote	Members (3-5)		1 (Coordinator)
CADCA Mid-Year Training Institute CADCA-sponsored	July 2022, July 2023 In-Person	Members (3-5)		1 (Coordinator)
CADCA Leadership Forum CADCA-sponsored	January 2022, January 2023 Remote and In-Person	Members (3-5); Youth (3-5)		1 (Coordinator)

CADCA National Coalition Academy CADCA-sponsored	TBD Remote	Member (1)		1 (Coordinator)
Region 10 Opioid Summit	August 2022, August 2023 Remote	Members (3-5)		1 (Coordinator)
Environmental Strategies Implementation - DBHR Athena Forum Dr. Rodney Wambeam	June 2022 Remote	Members (12-15)		1 (Coordinator)
Sustainability Webinar DBHR Athena Forum	August 2022 Remote	Members (12-15)		1 (Coordinator)
WA State Prevention Summit DBHR-sponsored	November 2022, November 2023 Remote	Members (4-6), Youth (4-6) Chaperone (2-3)	YMPEP (1)	1 (Coordinator)
Spring Youth Forum DBHR-sponsored	May 2023 In-Person	Youth Px Club Members (5-8) Chaperone (4)		1 (Coordinator)
CPWI Coalition Leadership Institute	June 2022, June 2023 Remote			1 (Coordinator)
Monthly technical assistance DBHR Prevention System Manage	6+ annually Remote			1 (Coordinator), 1 (Fiscal)
Prevention Learning Community Meetings	6+ annually Remote			1 (Coordinator), 1 (Fiscal)

*Required

Table Six: Implementation Facilitator Training with Dates and Targets				
Training	Date(s)/Location	Coalition	Community	Staff
Guiding Good Choices Facilitator Training	February 2022, June 2022 Remote	Coalition Members (2-4)	Clallam County Juvenile and Family Services staff (2-4)	1 (Coordinator)
SPORT Prevention Plus	April 2022, August	Coalition	Port Angeles School	1 (Coordinator)

Wellness Training	2022 Remote	Members (3-5)	District staff and students (7-12)	
Mentor Washington	TBD	TBD	TBD	TBD

Cultural Competency in Capacity Building

The Community Prevention and Wellness Initiative (CPWI) funding represents access to fiscal resources designated for a specific purpose. Many previous iterations of the Port Angeles Healthy Youth Coalition relied on the application of grants, where alignments between grantmaker’s priorities determined the course of action. Culturally-competent capacity building in the Coalition conceptually involves sharing the work, the influence, and decision-making power. We seek through our coalition-building to actualize the full value of all community voices, that means everyone all people of every race, color, sex, the nation of origin, ethnicity, religion, sexual orientation, gender identity, and expression of the profession, education, and walk of life are empowered to engage in local prevention efforts.

Training and skill-building opportunities help improve our knowledge, skills, and attitudes to function effectively in a diverse community. Port Angeles Healthy Youth Coalition’s **cultural competency plan** follows National Standards for Culturally and Linguistically Appropriate Services (CLAS Standards) in Health and Health Care. These standards recognize that disparities exist in all communities, resulting in disparities in outcomes. We use these CLAS Standards to orient each other to reflect on power dynamics and forms of intolerance that can result in members of our community not feeling engaged, welcomed, or included in our Coalition efforts.

During this relaunch period in our community coalition development, we openly encourage and promote the recruitment of members from all communities within our community. Our foundational strength as a community coalition is bringing diverse perspectives, experiences, thoughts, backgrounds, and cultures to cultivate a safe and healthy community for all young people in Port Angeles.

Sustainability in Capacity Building

As we reconceptualize, our efforts are already recognized in the community and building community support, especially from community leaders and residents. The Coalition fills a gap in the continuum of care and thereby complements existing efforts in the community. Together, the PAHYC sector and partner representatives will leverage additional resources and generate increased community commitment to youth substance use prevention. Our growth is achieved by the generosity of community members and partners' willingness and ability to contribute their time and unique skills and abilities.

Our 2021-2023 budget communicates a well-thought-out fiscal approach with accurate expectations. Our long-term fiscal strategy is to find and secure stable, recurring partnerships. We promote adopting

evidence-based practices, programs, and services that align with the Strategic Prevention Framework in these partnerships. Not all strategies require financial resources to implement.

Port Angeles Healthy Youth Coalition is a past recipient of the Strategic Prevention Framework - State Incentive Grant (SPF-SIG) and Drug Free Community (DFC) Grant.

Assessment

Needs Assessment

The Port Angeles Healthy Youth Coalition needs assessment identifies the primary problems surrounding substance use prevention and opioid use prevention in Port Angeles. The data was analyzed by the Port Angeles Healthy Youth Coalition and the Epidemiological Outcomes Workgroup (EOW) to determine specific local conditions to address in 2022-2023.

The EOW was formed in August 2021 in partnership with the Port Angeles School District and Olympic Educational Service District 114 to analyze Healthy Youth Survey results and determine how these results are shared with the public. These organizations provided Port Angeles School District specific results and input regarding historical influences that impacted survey completion.

Port Angeles Healthy Youth Coalition (PAHYC) also engaged in data collection to better understand how social and economic conditions across Port Angeles impact youth substance use and mental health. PAHYC members conducted a media scan, community survey, key informant interviews, in addition to the review of available data. The efforts consisted of,

- Community Prevention and Wellness Initiative Community Survey to determine community perceptions of youth substance use and mental health concerns.
- Community Interview, Walk N' Talk or virtual Sit N' Sip; Campaign to facilitate one-on-one consultation with community members and partners to learn more about perceptions of local risk and protective factors.
- Environmental Media Scan to determine passive, routine exposure to e-cigarette and cannabis use content within the City limits of Port Angeles.
- Historical trend analysis of the 2012-2018 Healthy Youth Survey, and review of recently released publically available data for Clallam County and Port Angeles, as it is available.

Community Prevention and Wellness Initiative Community Survey assesses community perceptions of youth substance use and mental health concerns in Port Angeles. For over a decade, Washington Health

Care Authority's CPWI has conducted a statistically valid community survey to learn more about the impact of underage substance use across the state. Port Angeles's 2021 participation yielded only 105 survey respondents. We require 215 community respondents to keep a margin of error low and increase the likelihood the survey results reflect the views of the community. ***With low participation in the 2021 survey, the results will be less reliable and therefore, inconclusive and not included in this year's needs assessment.*** However, our outlook remains positive, as more community members are available and aware of this collaborative effort. The survey questions are listed in *Appendix 6, CPWI Community Survey Questionnaire*. Results will be made available in April 2022.

Community Interviews began in August 2021 until November 2021, to introduce the new PAHYC Community Coalition Coordinators to members of the Port Angeles community. Members and partners invested in the health and well-being of local youth and families were invited to join the Community Coalition Coordinator and Fiscal Agent Director for a "Walk N' Talk" or virtual "Sit N' Sip." This was also promoted as part of the relaunching of the PAHYC with renewed funding. Interviews were scheduled for 30 to 45 minutes. These interviews were annotated, typed and qualitative variables were analyzed for frequency distribution. Interviews will continue from June 2022, pending

Environmental Media Scan has given us a way to assess passive, routine exposure to e-cigarette and cannabis use content from media outlets in Port Angeles, assessed in January 2022. PAHYC conducted a rudimentary scan within the City limits of Port Angeles by driving through the community to determine incidental exposure to cannabis and e-cigarette use. The total number of physical sources was collected and will serve as a baseline for more comprehensive community media scanning in the future. Community members and youth will be invited to participate in media scanning of the TV, radio, newspaper, magazines, movies, and social networking sites in the coming months. Continued in-person, environmental media scans will continue to be conducted bi-annually every January and July.

In September 2021, using the 2012, 2014, 2016, and 2018 **Washington Healthy Youth Survey (HYS)**, the EOW analyzed the relationship between youth substance use and related risk factors in the Port Angeles School District. The HYS is a collaborative effort of the Office of the Superintendent of Public Instruction, the Department of Health, the Health Care Authority's Division of Behavioral Health and Recovery, and the Liquor and Cannabis Board. The survey provides important information about youth in Washington. The Port Angeles School District participated in the HYS in October 2012, 2014, 2016, and 2018, with students in grades 6, 8, 10, and 12. ***Results from 8th grade in 2012, 10th grade in 2016, and 12th grade in 2018 were suppressed due to insufficient reporting from students.*** The information from all participatory years was used to identify behavior patterns over time. PAHYC found a statistical correlation and established priority goals and objectives based on this analysis.

Summary of Key Data

Prioritizing substance use needs was determined based on a prioritization exercise conducted among Port Angeles Healthy Youth Coalition partners and members in January 2022. In this process, members

were asked to review available data and provide feedback on issues identified. Their input informed the data utilized to determine the goals and objectives of the PAHYC Action Plan.

Long-term consequences (see red column in the Logic Model, Appendix 1) were selected based on key informant interviews and a community needs assessment data book. The Epidemiological Outcomes Workgroup will continue to collect consequence data in the coming year, through collaborative partnerships with communities entities that collect and maintain this data. The selected consequences include decreasing over time, (1) Incidence of substance use disorder and opioid disorder in adulthood; (2) Accidents and accident-related fatalities from driving under the influence of single or polysubstance; (3) Student involvement with criminal behaviors associated with substance misuse; (4) Poorer academic success in high school and on-time graduation in the Port Angeles School District; (5) Generational exposure to ACEs associated with unaddressed mental health concerns and toxic stress; (6) Youth depression and suicide ideation, and suicide attempts in adulthood.

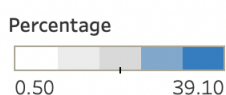
A brief look into the data currently available tells us that criminal behaviors associated with substance misuse and abuse is higher for young people in Port Angeles. Total arrests and attempts for youth age 10 to 17 in 2019 for Port Angeles was 42.3 incidents per every 1,000 adolescents. This rate is 25.6 higher than the state. Arrests for alcohol and drug related violations for youth 10 to 14 was 5.4 per every 1,000 adolescents in 2019, compared to the rate of 1.1 at the state level (2019, Uniform Crime Report). Alcohol specific violations were 9.2 per 1,000 adolescents in 2019, 8.2 more than statewide averages.

Similarly, regarding mental consequences, suicide deaths and attempts for youth age 10 to 17 in 2019 for Port Angeles was 264.6 incidents per every 100,000 people. This rate is 37.1 higher than the state (2019, Department of Health). Academic outcomes in Port Angeles, however, are consistent with statewide averages for both on-time graduation, annual dropouts, and extended graduation rates (2019 and 2018, Office of Superintendent of Public Instruction).

The following substance use, influencing variables, and local conditions represent the opportunities to minimize the magnitude of substance use disorder and opioid use disorder in Port Angeles. Substance use or consumption data measured as the identified behavioral health problem (see purple column in the Logic Model, Appendix 1) is outlined below for alcohol, cannabis, cigarette, vape, and opioid use.

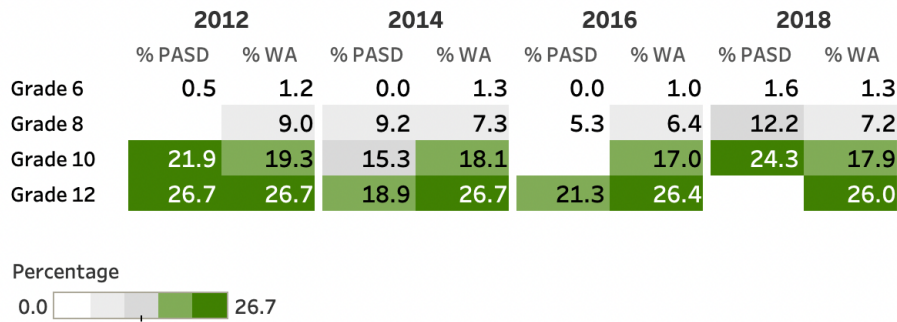
Percentage of students who reported any past 30 day alcohol use by grade in Port Angeles School District and Washington State. *HYS Survey Question #38. “During the past 30 days, on how many days did you drink a glass, can, or bottle of alcohol (beer, wine, wine coolers, hard liquor)?”*

	2012		2014		2016		2018	
	% PASD	% WA	% PASD	% WA	% PASD	% WA	% PASD	% WA
Grade 6	2.30	2.50	3.00	2.10	1.90	1.80	0.50	2.40
Grade 8			8.70	8.10	5.80	7.60	10.70	8.40
Grade 10	28.40	23.30	23.80	20.60		20.00	16.60	18.50
Grade 12	39.10	36.10	30.40	32.90	29.70	32.00		28.00



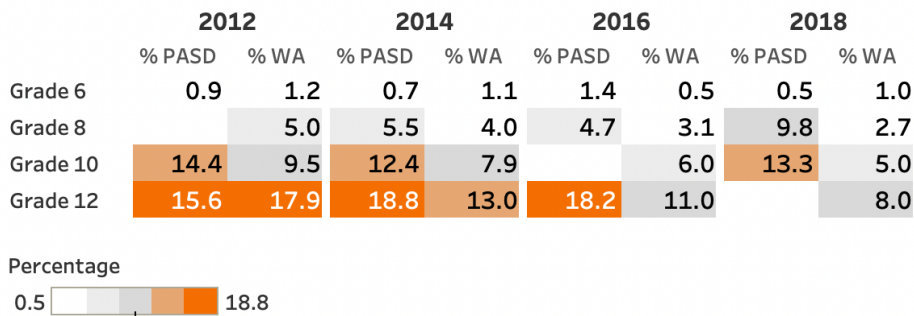
In the Port Angeles School District, 16.6% of 10th graders in 2018 reported past 30-day alcohol use, compared to 23.8% in 2014 and 28.4% in 2012, representing a decrease in overtime in use by nearly 12%. 12th-grade data also shows a decline over time, with 39.1% reporting regular use in 2012 and only 29.7% in 2016, a decrease of 9.4%. However, alcohol use among 8th graders increased in 2018, from 5.8% to 10.7%, over 2% points higher than the statewide average.

Percentage of students who reported any past 30 day cannabis use by grade in Port Angeles School District and Washington State. *HYS Survey Question #39. “During the past 30 days, on how many days did you use marijuana or hashish (weed, hash, pot)?”*



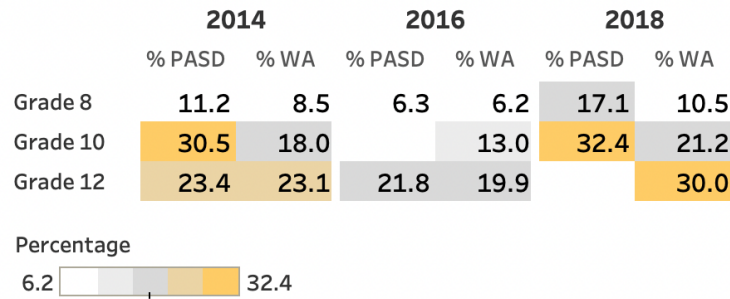
21.9% of 10th graders in 2012 reported past 30-day cannabis use, compared to 15.3% of 10th graders in 2014 and 24.3% in 2018. This represents a 9% increase from 2014 to 2018, whereas statewide use in the 10th grade decreased by 0.2% during the same period. The statewide average for 10th graders in 2018 was 17.9%, 6.4% lower than Port Angeles School District. 8th grade cannabis use saw a similar increase in 2018, doubling from 5.3% in 2016 to 12.2% in 2018.

Percentage of students who reported any past 30-day tobacco smoking use by grade in Port Angeles School District and Washington State. *HYS Survey Question #32. “During the past 30 days, on how many days did you smoke cigarettes?”*



Trend analysis reveals higher than statewide tobacco use rates for 12th and 10th grade students in the Port Angeles School District from 2012 to 2018. 13.3% of 10th graders in 2018 reported past 30-day cigarette use compared to the 5% statewide average. In 2012, 10th grade students reported 4.9% higher use than statewide averages, 4.5% higher in 2014, and 2018 8.3% higher use. 8th-grade cigarette use has a similar pattern, reporting a 1.5% higher use rate in 2014, which increased to 7.1% higher in 2018. Cigarette use remains lower than statewide averages among 6th graders.

Percentage of students who reported any past 30 days electronic/vape use by grade in Port Angeles School District and Washington State. *HYS Survey Question #35. “During the past 30 days, on how many days did you use an electronic cigarette, also called e-cigs or vape pens?”*



32.4% of 10th graders in 2018 reported past 30-day electronic cigarette or vape use compared to the 21.2% statewide average. In 2014, 10th grade students reported an alarming 12.5% higher use than statewide averages and a similar 11.2% higher use in 2018. 8th grade electronic cigarette use has a similar pattern, reporting a 2.7% higher use rate in 2014, which increased to 6.6% higher in 2018. 12th grade use is nearly identical to statewide averages, only 0.3% higher in 2014 and 1.9% higher in 2018. At the state-level electronic cigarette use, 2018 results show students a 20% increase in reported use from 8th to 10th grade. There is no data available for 6th-grade students.

Percentage of students who reported any past 30-day use of prescription medication not prescribed to them by grade in Port Angeles School District and Washington State. *HYS Survey Question #43. “During the past 30 days, did you use a prescription drug not prescribed to you?”* 13% of 12th grade students answered “yes” to past 30-day use, compared to 8.8% statewide average (HYS, 2016). Similarly, 9.4% of 10th grade students reported use, compared to 6.8% statewide averages (HYS, 2018). For 8th grade students only 5.8% of students reported use, and 5.5% at the state level.

These same students were asked if in the last 30-days they “use a pain killer to get high, like Vicodin, OxyContin (sometimes called Oxy or OC), or Percocet (sometimes called Percs)?” 3.3% of 8th grade students, 8.5% of 10th graders, and 3% of 12th graders answered yes. 12th grade students reported less use than the statewide average by 2.4%. Compared to statewide averages, 4.9% more 10th grade students reported use in the Port Angeles School District compared to the state. Nonmedical use of adderall/ritalin, valium or xanax, cough syrup or cold medicine and other prescriptions of any kind were also consistently reported to be higher for 10th grade students in Port Angeles.

Intervening Variables (see blue column in the Logic Model, Appendix 1)

In December 2021, the Epidemiological Outcomes Workgroup analyzed the relationship between youth substance use and related risk and protective factors using primarily Healthy Youth Survey data. We found a correlation between substance use and these variables:

- Early initiation of substance use contributes to adulthood abuse and dependency.

- Perceived easy access to substances influenced by outlet density and favorable attitudes towards use from friends and other non-parental relationships.
- Low perceived risk of harm associated with regular substance use, and a need to increase knowledge of the physiological impact of substance use.
- Exposure to trauma, stress, and mental health-related concerns associated with a history of substance use disorder and other ACEs-related challenges in family dynamics.

In addition, we identified positive variables that provide opportunities to strengthen existing protections. These include:

- Perceived unfavorable parental attitudes towards substance use, with the chance to increase conversations with parents and guardians about delayed substance use.
- Perception of community norms unfavorable towards substance use, with the opportunity to increase understanding of the influence of community norms on children's lives.
- Positive opportunities for prosocial involvement and adults in the community to talk to about something important, with the opportunity to promote community role models.

Risk Factors

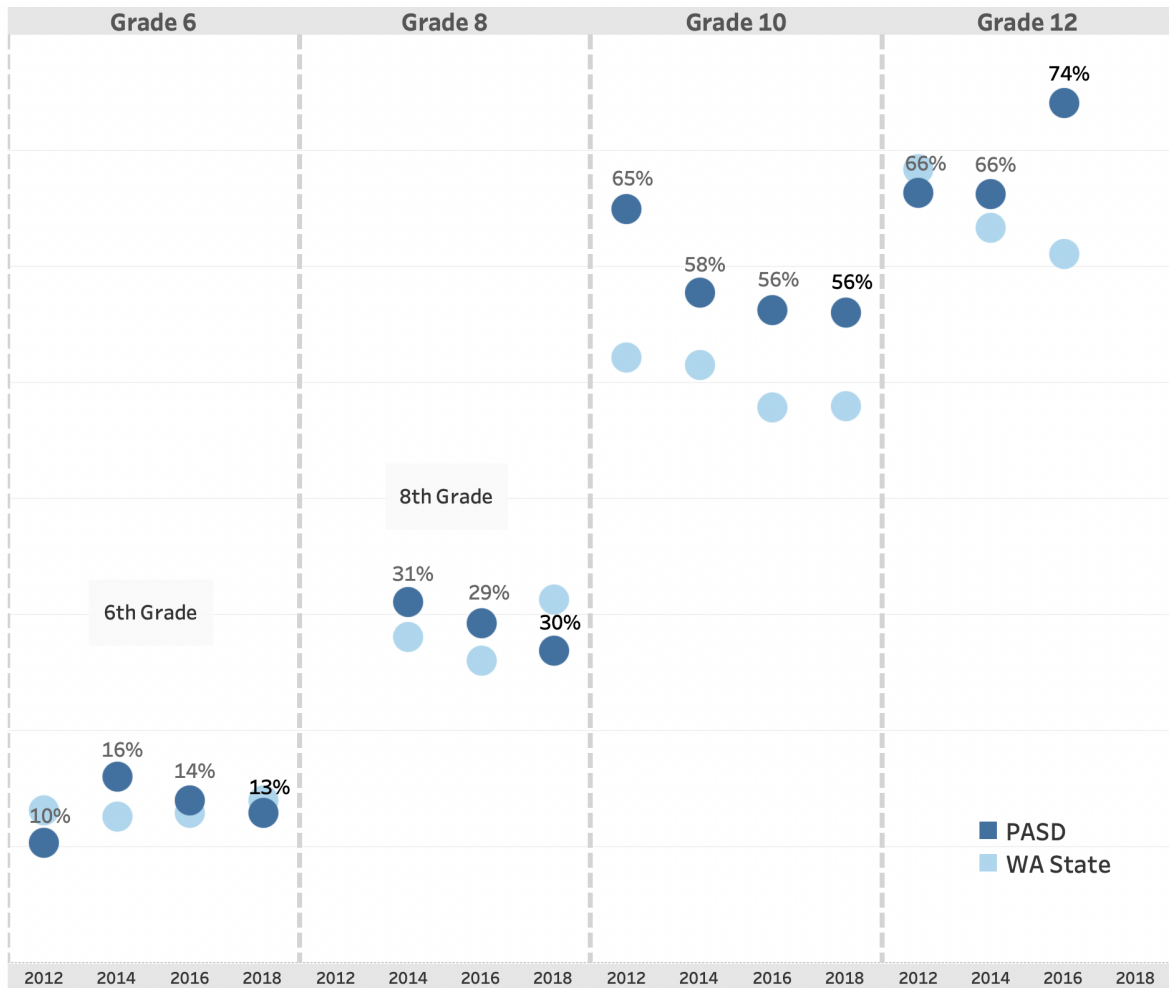
Early initiation of substance use in adolescence or early adolescence (age 12 to 17) is linked to a greater risk of developing substance use disorder or dependency than those who initiate use during adulthood. Based on 2018 Healthy Youth Survey results for 10th-grade students that have reported using substances, the average age of initiation for cannabis was 13.5, 12.8 years old for alcohol initiation, 13 years old for cigarettes, and 14 years old for electronic cigarettes. These results are identical to statewide averages with alcohol initiation at 12.8 years old and cannabis at 13.5 years, earlier for cigarette use at 12.3 years old, and electronic cigarette use initiation at 13.7 years.

Perceived availability of substances increases the risk of early initiation and intensity of use. Youth who report marijuana is “sort of easy” or “very easy” to get were identified as a priority in our analysis. In 2018 61% percent of 10th graders believed it was easy to obtain cannabis. Most 10th graders also reported easily accessing cigarettes at 52% and alcohol at 56%.

Alcohol perceived availability (Grades 6, 8, 10, 12) Port Angeles School District and Washington State. Trend analysis from 2012, 2014, 2016, and 2018 shows a decrease in perceived access among 10th graders, an increase among 12th graders, and a decrease among 6th and 8th graders. There is also a notable increase from 8th-grade perceptions to 10th-grade perceptions, 26.9% versus 56% (HYS, 2018), a 29% difference. Students anonymously reported accessing alcohol primarily from friends (5.6%), at a

party (4.5%), or at home with or without parents’ permission (7.9%). According to key informant interviews, student access to alcohol continues to be family and friends; in these cases, community members say youth are given alcohol, usually at their home from siblings and non-parents or at the home of a friend.

Percentage of students who reported alcohol as “Sort of Easy” and “Very Easy” to get, by grade in 2012, 2014, 2016, and 2018 in Port Angeles School District and Washington State.

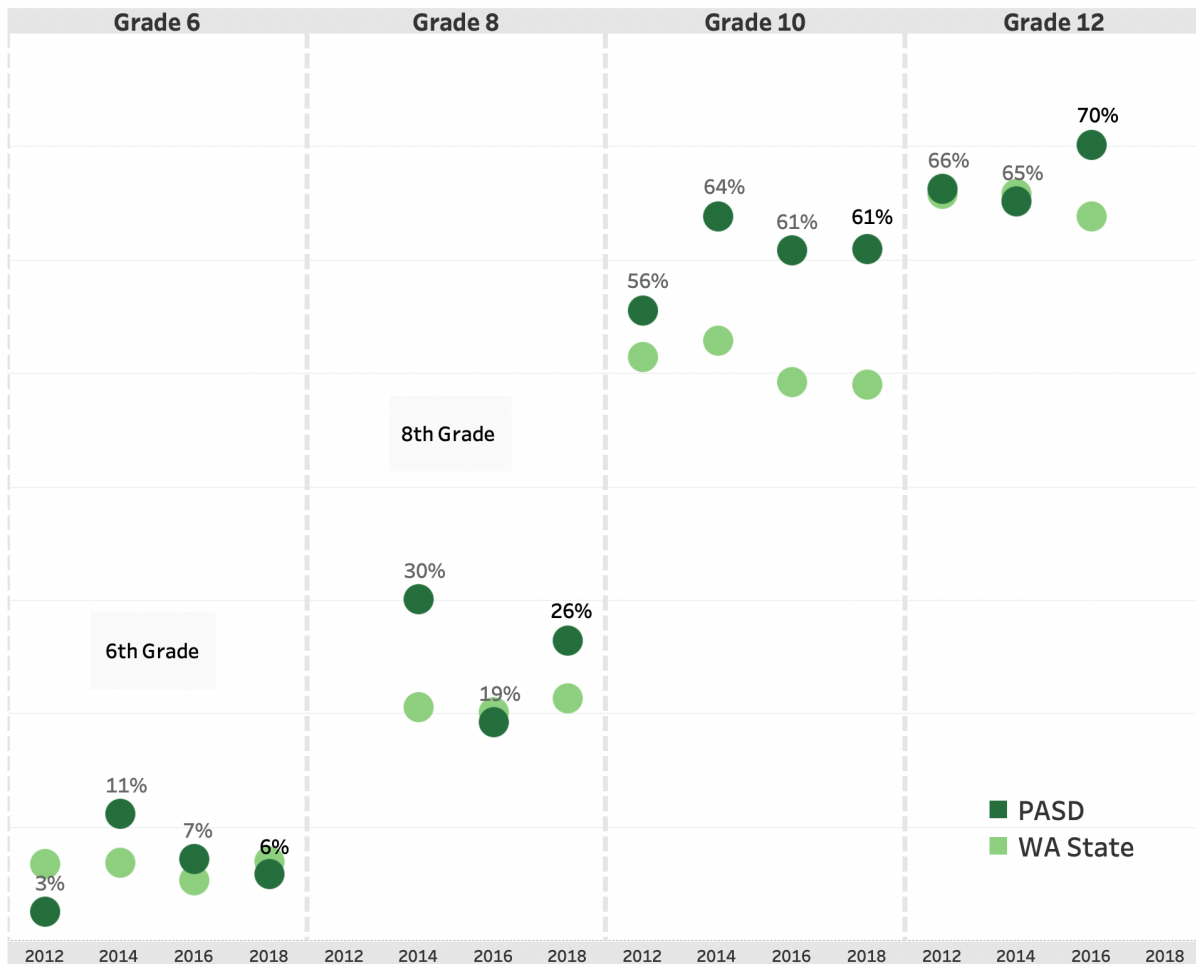


ALCOHOL - HYS Survey Question #172. “If you wanted to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin), how easy would it be for you to get some?” Answers shown represent “sort of easy” and “very easy.”

Cannabis perceived availability (Grades 6, 8, 10, 12) Port Angeles School District and Washington State. Trend analysis from 2012, 2014, 2016, and 2018 shows increased perceived access among 10th-grade students that extend through 11th and 12th grade. Perceived access remains low among 6th and 8th-grade students. However, 8th-grade students report more access than statewide averages. Similar to alcohol, there is also a notable increase from 8th-grade perceptions to 10th-grade perceptions, 26.4% versus 61% (HYS, 2018), a 35% difference.

In 2018 HYS, Cannabis was reportedly accessed mainly from friends (13.5%), and electronic cigarettes products, also used for cannabis products, were “bummed” or “borrowed” from someone else (12.6%). There are eight cannabis retailers in the downtown area of Port Angeles. Living near more non-medical cannabis outlets has been shown to increase the intention and intensity of use among young adults.

Percentage of students who reported cannabis as “Sort of Easy” and “Very Easy” to get, by grade in 2012, 2014, 2016, and 2018 in Port Angeles School District and Washington State.

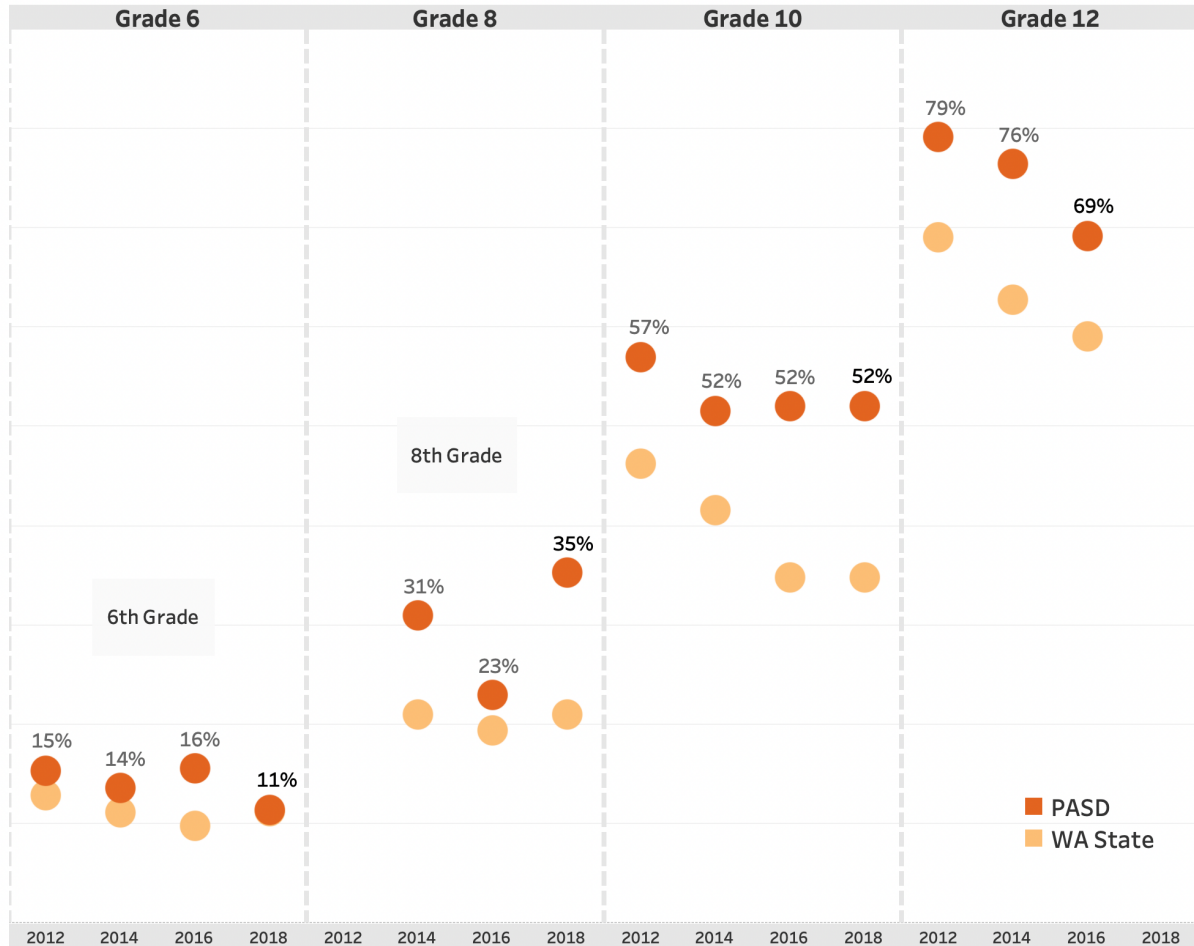


CANNABIS - HYS Survey Question #174. “If you wanted to get some marijuana, how easy would it be for you to get some?” Answers shown represent “sort of easy” and “very easy.”

Tobacco perceived availability (Grades 6, 8, 10, 12) Port Angeles School District and Washington State. Trend data analysis shows a decline in perceived access among 12th graders mirrored in the statewide averages. There is a slight decline in 6th grade perceived access. Interestingly, 8th graders represent an increased perception of tobacco access, and 10th grade results have remained nearly the same from 2014 to 2018, with a 0.5% increase. The increase in perceived access is less steep from 10th to 12th grade when compared to alcohol and cannabis.

When 10th-grade students were asked if they used substances on school property, 16.3% reported using electronic cigarettes on campus compared to 9.5% statewide average (HYS, 2018). In the most recent study conducted by Clallam County Health and Human Services, more than 40% of Clallam County retailers illegally sold to minors. This accounted for four out of every ten retailers. Port Angeles-specific data is not available (Synar Report, 2015).

Percentage of students who reported tobacco as “Sort of Easy” and “Very Easy” to get, by grade in 2012, 2014, 2016, and 2018 in Port Angeles School District and Washington State.



TOBACCO - HYS Survey Question #173. “If you wanted to get some cigarettes, how easy would it be for you to get some?” Answers shown represent “sort of easy” and “very easy.”

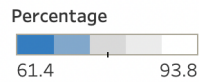
Perceived Friends' Attitudes Towards Substance Use (Grades 8, 10, 12) Port Angeles School District and Washington State. When students are asked how wrong their friends would feel if you used alcohol (regular use), cannabis, and cigarettes (or tobacco), in many cases, the majority of students perceive their friends would think it is “wrong” or “very wrong.”

Trend analysis from 2014, 2016, and 2018 shows 8th graders are consistently the most protected in perceiving their friends would think it was wrong for them to engage in substance use. However,

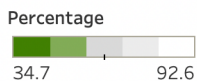
perceived friend disapproval has fallen from 2014 to 2018 for alcohol, cannabis, and cigarettes. The decline in perceived alcohol use is 13.9%, 11.6% for cannabis, and 16% for cigarette use. Comparatively, 10th-grade students perceived friend disapproval as lower than in 8th grade but more consistent with statewide averages. Notably, among 10th graders, perceived friend disapproval of cigarette use is 7.9% below the statewide average. This declining trend continues into 12th grade, with consistently lower perceived disapproval for cigarette use and alarming low disapproval for cannabis use. In 2016 the difference between 12th-grade results in comparison to statewide averages was a significant difference of 16.8%.

Percentage of students who reported their friends feel it is “Wrong” and “Very Wrong” for them to use substances, by grade in 2014, 2016, and 2018 in Port Angeles School District and Washington State. *HYS Survey Question #50, #66, #75. “How wrong do your friends feel it would be for you to: Use tobacco/Use marijuana/Have one or two drinks of an alcoholic beverage?”* Answers shown represent “wrong” and “very wrong.”

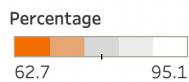
		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA
		Alcohol Disapproval	2014	91.2	89.6	69.6	76.9
	2016	93.8	88.7			61.4	68.6
	2018	77.3	84.5	72.2	73.7		



		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA
		Cannabis Disapproval	2014	84.8	87.6	66.3	65.1
	2016	92.6	86.1			34.7	51.5
	2018	73.2	82.4	61.1	60.2		



		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA
		Cigarettes Disapproval	2014	93.4	92.1	77.5	82.6
	2016	95.1	91.4			62.7	74.8
	2018	77.4	88.6	73.4	81.3		



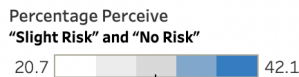
*Survey questions not included until 2014 Healthy Youth Survey.

Perceived Risk of Harm from Substance Use (Grades 6, 8, 10, 12) Port Angeles School District and Washington State. Students were asked how much they think people risk harming themselves when consuming alcohol, cannabis, cigarettes, and electric cigarettes regularly. The percentage of students in 6th grade who perceived “no risk” or “slight risk” from regular substance use is especially low compared to other surveyed grades. These students perceive a similar risk to statewide averages, except for a decline in cannabis risk perceptions in 2018.

Between 2014 and 2018, the percentage of 10th-grade students who perceived lower risk from regular cannabis use declined by 7%. 10th graders also experienced an increase in cannabis use behaviors by 9% during this period. There is a similar correlation between perceived lower risk among 8th-grade students and alcohol use. 8th-grade students between 2012 and 2018 perceived lower risk from regular alcohol use and increased alcohol use behaviors. Among 12th graders, there was a decrease in alcohol use at the same time as the perception of harm increased. The percentages of students reporting lower perceived risk associated with regular alcohol use have increased for 12th-grade students by 12%, and alcohol use also declined by 9.4%.

Percentage of students who reported that people risk harming themselves if they regularly use substances “Slight Risk” and “No Risk” by grade in 2014, 2016, and 2018 in Port Angeles School District and Washington State. *HYS Survey Question #59, #222, #224, #225. “How much do you think people risk harming themselves if they: Smoke one or more packs of cigarettes per day/Use marijuana regularly (at least once or twice a week)/Take one or two drinks of an alcoholic beverage (wine, beer, a shot of liquor) nearly every day?/Use electronic cigarettes, also called e-cigs or vape pens regularly?” Answers shown represent “no risk” and “slight risk.”*

		Grade 6		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA	% PASD	% WA
		Perceived Low Risk of Alcohol Use	2012	39.3	36.4			30.1	23.1
	2014	38.3	32.5	24.0	21.4	33.3	20.7	38.9	25.2
	2016	27.7	32.8	22.4	23.7			29.9	25.8
	2018	31.5	33.8	27.9	25.0	35.1	23.6		



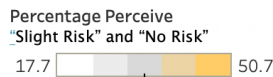
		Grade 6		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA	% PASD	% WA
		Perceived Low Risk of Cannabis Use	2012	16.1	16.2			35.9	29.1
	2014	20.2	19.0	24.0	19.6	41.2	34.0	40.3	45.0
	2016	19.2	18.0	16.3	20.7			54.6	44.6
	2018	24.6	19.9	31.0	22.9	34.0	24.8		



		Grade 6		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA	% PASD	% WA
Perceived Low Risk of Cigarettes Use	2012	10.6	13.0			7.8	5.8	10.4	7.1
	2014	10.9	12.1	4.8	5.7	9.3	6.0	9.7	6.0
	2016	7.8	11.5	8.1	6.5			10.4	7.0
	2018	9.3	12.3	6.9	6.8	11.3	7.3		



		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA
Perceived Low Risk of Electronic Cigarettes Use	2016	17.7	23.5			50.7	35.7
	2018	21.0	20.4	36.8	26.3		



*Electronic cigarette use survey question not included until 2016 Healthy Youth Survey.

Stress, Trauma, and Mental Health (Grades 6, 8, 10, 12) Port Angeles School District and Washington State. Adverse Childhood Experiences (ACEs), while familial and individual, become a community issue due to the known correlation to substance use disorder and other high risks across the lifespan. The EOW analyzed reported ACEs-related risk factors in the Healthy Youth Survey related to stress, trauma, and mental health.

Access to Food and Housing - Students were asked about their current living arrangements and food availability. These results are from the 2018 Healthy Youth Survey, except for 12th-grade results from 2016. Food insecurity is higher than statewide averages for 8th and 10th grade students, by 5.4% and 1.4%. Housing insecurity doubles from 10th grade to 12th grade, a 5.5% increase. 12th-grade housing insecurity is also 4.6% higher than statewide averages.

Percentage of students experiencing insecurity related to food and/or housing, in 2018 for 8th and 10th graders, and 2016 for 12th graders in Port Angeles School District and Washington State.

	Grade 8		Grade 10		Grade 12	
	% PASD	% WA	% PASD	% WA	% PASD	% WA
Housing Insecure	6.1	5.5	5.0	5.7	10.5	5.9
Food Insecure	15.0	9.6	13.8	12.4	14.9	15.7

HYS Survey Question #14 and #85. "Are your current living arrangements the result of losing your home because your family cannot afford housing?" The answers shown represent "Yes." "How often in the past 12 months did you or your

family have to cut meal size or skip meals because there wasn't enough money for food?" Answers shown represent "Often" and "Very Often."

Emotional and Physical Abuse - Students were asked about lifetime incident(s) of being physically hurt on purpose by an adult, where it left a mark, bruise, or injury. 8th, 10th, and 12th grade students reported incidents higher than statewide averages. In 2018, 13.3% more 8th grade students and 7.8% more 10th grade students reported an incident of physical abuse compared to statewide averages. 12th grade students in 2016 also reported 17.1% higher than the statewide averages. Students were also asked if a parent or adult in their home swears, insults, or humiliates them. Students who answered "often" and "very often" represented 21.4% of 8th graders, 16.5% of 10th graders, and 9.8% of 12th graders (HYS, 2018 and 2016). 8th-grade students reported 9.2% more, nearly double the statewide average.

Percentage of students experiencing emotional and/or physical abuse in 2018 for 8th and 10th graders, and in 2016 for 12th graders in Port Angeles School District and Washington State.

	Grade 8		Grade 10		Grade 12	
	% PASD	% WA	% PASD	% WA	% PASD	% WA
Emotional Abuse	21.40	12.20	16.50	14.50	9.80	13.50
Physical Abuse	33.70	20.40	33.00	25.20	32.90	22.10

HYS Survey Question #135 and #136. *"Has an adult ever physically hurt you on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury?"* The answers shown represent "Yes." *"How often does a parent or adult in your home swear at you, insult you, put you down or humiliate you?"* Answers shown represent "Often" and "Very Often."

Suicide and Depression - Students were asked if during the past 12 months, they ever felt sad or hopeless almost every day for two or more weeks in a row and if that impacted activities. Students in 10th grade reported more depression at 46.1%, representing nearly half of the students taking the survey. Students in 8th, 10th, and 12th grade reported higher than statewide averages, with the highest difference being among 12th graders with 7.2%. Students also answered if they ever seriously considered attempting suicide in the past 12 months. Similar to depression, students in 8th, 10th, and 12th grade also reported suicide ideation above the statewide averages. Students attempting suicide were much higher among 8th and 10th grade students, at 15.3% and 15.1%, both 5% higher than statewide.

Percentage of students who experienced depression and/or attempted and/or considered suicide in 2018 for 8th and 10th grade, and in 2016 for 12th grade in Port Angeles School District and Washington State.

	Grade 8		Grade 10		Grade 12	
	% PASD	% WA	% PASD	% WA	% PASD	% WA
Depression	38.7	32.2	46.1	40.0	43.9	36.7
Considered Suicide	27.4	20.1	27.5	23.0	23.8	20.2
Attempted Suicide	15.3	9.9	15.1	10.0	9.2	8.7

HYS Survey Question #141, #142, and #144. *“During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row you stopped doing some usual activities?”* Answers shown represent “Yes.” *“During the past 12 months, did you ever seriously consider attempting suicide?”* Answers shown represent “Yes.” *“During the past 12 months, how many times did you actually attempt suicide?”* The answers shown represent “More than 0 times.”

6th-grade students were asked questions with slightly different word choices. 77.2% of 6th-grade students in 2018 answered, “No” to *“Have you ever seriously thought about killing yourself?”* (HYS, Question #145). To the question, *“Have you ever tried to kill yourself?”* 91.3% answered, “Not attempted” (HYS, Question #146). These results are similar to statewide averages, with differences of 0.8% and 1.1%.

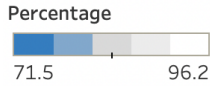
Protective Factors

Perceived Parental Attitudes Towards Substance Use, (Grades 8, 10, 12) Port Angeles School District and Washington State. When students are asked how wrong their parents would feel if you used alcohol, cannabis, and cigarettes, the majority of students agree their parents would think it is “very wrong” or “wrong.”

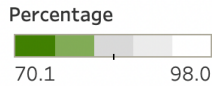
Trend analysis from 2012, 2014, 2016, and 2018 show 8th graders are specially protected in perceiving their parents think it was wrong to engage in substance use. Comparatively, 10th-grade students perceive less disapproval, although that has improved over time for alcohol and cannabis. In 2018, 10th graders reported nearly 6% less perceived disapproval of cigarette use than the statewide average. Interestingly, this trend continues into 12th grade, consistently lower than statewide averages from 2012, 2014, 2016 towards cigarette use. Perceived parental disapproval of cannabis use is significantly lower for 12th-grade students in 2016, at 70.1%, 12.4% below statewide, providing an opportunity for improvement.

Percentage of students who reported their parents feel it is “Wrong” and “Very Wrong” for them to use substances, by grade in 2014, 2016, and 2018 in Port Angeles School District and Washington State. HYS Survey Question #181, #182, #183. *“How wrong do your parents feel it would be for you to: Drink/Smoke cigarettes/Smoke marijuana?”* Answers shown represent “wrong” and “very wrong.”

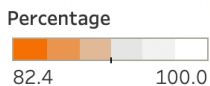
		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA
Alcohol Disapproval	2012			78.6	87.0	71.5	75.6
	2014	96.2	95.2	87.7	87.9	72.9	76.2
	2016	96.0	94.4			74.0	76.4
	2018	95.4	93.9	85.9	88.9		



		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA
Cannabis Disapproval	2012			86.4	89.9	81.5	85.5
	2014	93.4	95.4	84.7	88.8	82.7	82.9
	2016	98.0	94.6			70.1	82.5
	2018	95.1	94.9	88.9	89.6		



		Grade 8		Grade 10		Grade 12	
		% PASD	% WA	% PASD	% WA	% PASD	% WA
Cigarettes Disapproval	2012			91.3	95.4	87.0	90.0
	2014	97.2	97.8	95.9	95.9	82.4	91.9
	2016	100.0	97.9			84.4	93.6
	2018	97.2	98.2	91.9	97.5		



Parental Conversations About Substance Use (Grades 8, 10, 12) Port Angeles School District and Washington State. Students were asked about rules and conversations with parents and guardians about alcohol and drug use, specifically about not using alcohol or marijuana. 8th-grade students report having clear rules about alcohol and drug use at home above statewide averages (HYS, 2018). 10th grade students report below statewide averages on clear rules but report more conversations about not using substances compared to the state. 12th-grade students are having fewer conversations with their parents about why not drink and use marijuana, providing an opportunity for improvement (HYS, 2016).

My parents or guardian have talked to me about...

	Grade 8		Grade 10		Grade 12	
	% PASD	% WA	% PASD	% WA	% PASD	% WA
Why not to drink alcohol	63.2	64.6	63.3	61.4	38.1	56.3
Why not to use marijuana	61.4	64.2	64.3	60.2	39.5	54.0
Clear rules about alcohol and drug use	90.1	87.3	78.5	83.0	73.7	80.7

HYS Survey Question #64, #74, #194. “My family has clear rules about alcohol and drug use.” The answers represent “yes” and “YES!” “NOT including talks about drinking and driving, in the past year have your parents or guardians talked to you about why you should not drink alcohol?” Answers represented include “Yes, a number of times” and “Yes, once.” “In the past year, have your parents or guardians talked to you about why you should not use marijuana?” Answers represented include “Yes, a number of times” and “Yes, once.”

Perceived Community Norms Disfavorable Towards Substance Use (Grades 6, 8, 10, 12) Port Angeles School District and Washington State. Students were asked to reflect on how adults in their community perceive underage substance use. Over 90% of all 6th grade and 85% of all 8th-grade students agree that their neighbors and adult community members would think it is wrong for them to use substances (HYS, 2018). While most 10th and 12th grade students also perceive most adults would disapprove of someone their age using substances, reports are consistently below statewide averages.

Most adults in my community think it is *wrong* for kids my age...

	Grade 6		Grade 8		Grade 10		Grade 12	
	% PASD	% WA	% PASD	% WA	% PASD	% WA	% PASD	% WA
To drink alcohol	94.1	91.8	88.6	88.3	64.7	80.0	67.6	70.1
To use cannabis	91.3	92.3	85.9	89.9	67.7	80.8	57.2	69.8
To smoke cigarettes	93.1	92.6	86.6	91.3	79.8	88.5	71.5	80.6

HYS Survey Question #177, #178, #179. “How wrong would most adults in your neighborhood or community think it was for kids your age: to use marijuana/to drink alcohol/to smoke cigarettes?” Answers represent “wrong” and “very wrong.”

Trusted Adults - Positive Opportunities for Prosocial Involvement (Grades 8, 10, 12) Port Angeles High School and Washington State. Students were asked if, when they feel sad or hopeless, they have a trusted adult they can turn to for help and were also asked if there are adults in the community they can talk to about something important. Perceived access to a trusted non-parental adult decreases with age at the local and state levels. Most students have more adults they feel they can talk to about something important rather than turn to for help. Students in 10th grade reported lower access to adults to turn to for help than statewide averages by 5% (HYS, 2018). 12th grade students reported 2.9% above statewide averages for access to an adult to talk to about something important (HYS, 2016).

I have a trusted adult to...

	Grade 8		Grade 10		Grade 12	
	% PASD	% WA	% PASD	% WA	% PASD	% WA
Talk to about something important	72.4	74.0	70.7	69.8	77.2	74.3
Turn to for help	64.3	73.6	62.3	67.2	72.4	74.7

HYS Survey Question #149 and #179. *“When you feel sad or hopeless, are there adults that you can turn to for help?”* Answers shown represent “Yes” and N/A. *“There are adults in my neighborhood or community I could talk to about something important.”* The answers shown represent “yes” and “YES!”

Local Conditions (see orange column in the Logic Model, Appendix 1)

After the Epidemiological Outcomes Workgroup reviewed local and state trends in substance misuse and abuse and the risk and protective factor root causes, we shifted our focus to local conditions asking, *what does this look like in our community?* Following the Community Anti-Drug Coalitions of America model, we highlighted local requirements that are specific, identifiable, and actionable. By responding to the unique characteristics of our community, we hope to have the most significant impact. We identified,

1. Stigmatizing language and stereotyping exist in the community towards individuals with substance use disorder and opioid use disorder. This adaptive challenge creates misperceptions that substance misuse and abuse happen to “other” people.
2. Port Angeles has only one road entering and exiting the community via Highway 101. This provides an opportunity for higher passive, routine exposure of cannabis, e-cigarette and alcohol promotions, and perceived high outlet density.
3. Substance use is considered a safer and more helpful strategy to manage depression and exposure to traumatic experiences among youth and adult populations. With the above statewide averages of depression, suicide ideation, and attempts, cannabis, and cigarette use have emerged as a locally accessible solution.
4. Particular family surnames are stereotyped as “hopeless” or “troubled.” These families and children are more easily dismissed and socially isolated, leading to a lack of self-efficacy and community belonging.

The Epidemiological Outcomes Workgroup and Youth Engagement Workgroup will continue to collect local condition input in the coming year, from key informant interviews and listening sessions with youth, parents, community members and local professionals. This qualitative data will be reviewed in comparison with the 2021 Healthy Youth Survey responses to better understand how local conditions have changed or remained the same during the COVID-19 pandemic.

Resource Assessment

As part of community onboarding, the Community Coalition Coordinator hired in August 2021 completed a portfolio of community strategies with the support of Port Angeles Healthy Youth Coalition members. This information was collected to identify the local programs, strategies, and initiatives that support the mission and vision of the Coalition. The Port Angeles Healthy Youth Coalition contributed to this list, naming existing resources available to the Port Angeles School District youth and families. Strategies were collected by the Coordinator and Coalition with these items in mind, (1) Program or Strategy, (2) Implementing Agency, (3) Social Ecology, (4) Institute of Medicine Level (universal, selective and indicated), and (5) Evidence-Based (yes, no, not sure) based on the Positive Cultural Framework from the Montana Center for a Health and Safety Culture. Many online comprehensive resource maps exist, listed here are known relevant entities providing prevention programming (listed alphabetically, note there may be overlap),

Childhood Development and Family Engagement: Concerned Citizens, First Step Support Center, Healthy Families of Clallam County, Lutheran Community Services, Lower Elwha Head Start & Early Head Start (Port Angeles), Olympic Community Action Programs (OlyCAP) Port Angeles, Olympic Medical New Family Services, and Strengthening Families Program Port Angeles.

Positive Youth Development: 4-H of Clallam County, Boys & Girls Club, Boy Scouts of Mt Olympic District, Olympic Educational Service District 114 - Student Assistance Professional, Girl Scouts of Western Washington Peninsula Region, Obria Health, Olympic Peninsula YMCA, Port Angeles School District, Queen of Angels, Serenity House, T.A.F.Y. Center (The Answers for Youth Port Angeles).

Community Engagement: City of Port Angeles, City of Port Angeles Parks Department, Feiro Marine Life Center, Hoofbeats and Heartbeats, Lower Elwha Klallam Heritage Center, Northwest Kiwanis, North Olympic Library Systems, Port Angeles Park and Recreation Department, Peninsula College Community Programs, Port Angeles Community Playhouse, Port Angeles Fine Arts Center, Port Angeles Roarty, Washington State University Extension Program, William Shore Memorial Pool.

Mental Health Promotion: Clallam County Health and Human Services, Clallam Resilience, New Growth Behavioral Health, Olympic Peninsula Community Clinic (OPCC), Peninsula Community Behavioral Health, United Way Clallam County.

Substance Use Treatment and Awareness: Alcoholic Anonymous Port Angeles, Al Anon Port Angeles, BAART Port Angeles, Cedar Grove Recovery Services, Clallam County Juvenile and Family Services, Klallam Counseling, Narcotics Anonymous, North Olympic Health Network, Reflections Counseling, Target Zero Clallam County, The Jamestown S'Klallam Healing Clinic.

In this process, we identified more community resources dedicated to intervention and treatment, compared to prevention services. Existing prevention efforts target child abuse and neglect, obesity and malnutrition, chronic and infectious diseases, and child development without an explicit dedication to

substance use disorder prevention. The Coalition finds that our strategies should reflect this need to close the gap in prevention education and community involvement with prevention messaging. One area for growth is to become a strong community voice for substance use prevention. The Coalition will collaborate with professionals in our community with Positive Community Norms (PCN) experience to establish prevention campaigns that are accessible to the public, and attract partnership involvement. Another area for growth is universal prevention programs that reduce the risk factor for families transitioning through infancy, adolescence and launching youth into adulthood. The Coalition has identified evidence-based strategies that support families during these transition periods. Based on recent key informant interview feedback, the resource assessment represents a lack of support for LGBTQ+ youth and their families. The Coalition will continue to explore LGBTQ+ affirming strategies that improve outcomes for this priority population.

While there is a lack of services dedicated to youth substance use prevention, there are many community entities working to increase the same or similar protective factors, and address similar risk factors. In the coming year, the Coalition will benefit from establishing more partnerships with family and youth-serving organizations, and substance abuse treatment communities. Due to the COVID-19 pandemic, and pandemic-related behavioral health crises, the Coalition will need to continue putting more effort towards networking and engagement opportunities.

The resources listed here are explored in more detail in *Appendix 3, Resource Assessment*. *Note details on "Community Engagement" resources are not included.*

Cultural Competency and Health Equity in Assessment

While technology has improved access to and proficiency in tools to work with data, there remain gaps in experience and comfortability. As a community-based coalition, it is a challenge to be responsible, in part, for bringing the story of underage substance use in our community to life - visually and contextually. At this time, we are requesting access to Healthy Youth survey data that will allow us to identify if disparities by sexual orientation, gender, race, ethnicity, and socioeconomic status determine higher rates of substance use and risk. We recognize the importance of data to tell a complete and inclusive story for everyone and tell us if our programming impact is meeting the needs of everyone in Port Angeles.

In the coming months, we will explore conducting youth-focused listening sessions to evaluate further the local conditions impacting young people, especially in light of the COVID-19 pandemic. We are also seeking a regional partnership to build the capacity to collect and analyze data with cultural humility and equity. Currently, we rely on a resource list developed by the Prevention Technology Transfer Center Network's Culturally & Linguistically Appropriate Practices Work Group that helps communities understand the impact of culture and language in prevention.

Sustainability in Assessment

The PAHYC recognizes the need to communicate effectively with data and information. Yet, many of us feel like we lack the expertise to do so. We believe you do not need a quantitative background to become skilled in telling stories with data. During community coalition meetings, we will continue to explore and define the situational context of substance use prevention in Port Angeles. We seek to achieve an understanding of the local conditions influencing youth substance use, with consideration for the impact of the COVID-19 pandemic. Then together, we will use lessons in storytelling to communicate a message that resonates and sticks with our community members and partners. We will use the development and practice of these principles and exercises to build local capacity to access, communicate and expand data collection and dissemination.

Planning

Process for Planning

On January 25, 2022, the Lunch Planning Workgroup, with the Student Assistance Professional, reviewed and approved the goals, objectives, and strategies pending the formal establishment of a memorandum of agreement with listed partners. The strategies selected were determined to fit the risk and protective factors established in December 2021. Local infrastructure was considered during the strategy selection process to minimize duplication and enhance existing efforts. The Coalition used a process of elimination, refining a strategy list that fits our needs assessment and is operationally feasible in the 18-month funding window. We are willing to adapt and refine our strategy list over time as the Coalition develops.

The Planning Phase of the Strategic Plan was expedited due to a staffing shortage created by the COVID-19 pandemic. With the intention of establishing a plan allowing sustainable partnerships to develop, the Coalition concluded that specific programs require further exploration.

Goals and Objectives

Goal 1: Increase community capacity and readiness to address youth substance use prevention. *CPWI - Decrease Low Neighborhood Attachment and Community Disorganization.*

Objective 1.1 - Work with community partners to expand inclusive, cohesive, and culturally relevant youth substance use prevention services. *CPWI - Increase community readiness to address youth substance misuse concerns in Port Angeles.*

Objective 1.2 - Become a consistent, respected community voice on substance use prevention and related issues. *CPWI - Increase community capacity to address youth substance misuse concerns in Port Angeles.*

Objective 1.3 - Engage with government, policymakers, and prevention researchers to increase capacity to address youth substance misuse concerns in Port Angeles.

Objective 1.4 - Demonstrate effectiveness in Port Angeles Healthy Youth Coalition services.

Supporting strategies include the Port Angeles Healthy Youth Coalition, Youth Concerns Port Angeles, Epidemiological Outcomes Workgroup, Town Hall Events, Training Programs, High In Plain Sight, Hidden In Plain Sight and Handle With Care.

Goal 2: Decrease early initiation of substance use among middle and high school students in the Port Angeles School District.

Objective 2.1 - Work with school-based partners to decrease youth intention to use substances in the Port Angeles School District.

Objective 2.2 - Work with school-based partners to increase presentation of prevention messaging on campus.

Objective 2.3 - Support Student Assistance Professional's efforts to decrease youth intentions to use substances through student engagement in prevention efforts.

Supporting strategies include the Youth Prevention Club at Port Angeles High School, SPORT Prevention Plus Wellness, and school-based social norms marketing with Positive Cultural Norms.

Goal 3: Increase universal prevention services to parents and caregivers to lessen the effects of stress and trauma and generational substance use disorder. *CPWI - Reduce family history of problem behavior resulting from the effects of stress, trauma and generational substance use disorder.*

Objective 3.1 - Work with community partners to increase universal prevention programming to lessen the effects of stress on parents and caregivers.

Objective 3.2 - Work with community partners to increase parental opportunities to improve parental self-efficacy.

Supporting strategies include Guiding Good Choices, and Nurse Family Partnership.

Goal 4: Decrease the perceived availability of substances among the youth population.

Objective 4.1 - Work with community partners to decrease youth access to cannabis, prescription medication, and illicit substances.

Supporting strategies include Med Take Back Campaign, Lockbox/Lock Bag distribution, and local purchase surveys of tobacco, vape products, and alcohol.

Goal 5: Increase community healthy beliefs and clear standards to promote a safe and healthy culture.

Objective 5.1 - Work with a community partner to provide opportunities and skills to promote role models who exhibit healthy beliefs and clear standards around youth substance use.

Supporting strategies include Mentor Washington, and Mentor Washington LGBTQ+ supplement.

Strategies, Programs, and Activities

After developing a clearer understanding of the local factors influencing youth substance use, the Coalition was able to identify strategies that integrate community and partner engagement, coalition

development, informational awareness, environmental and school-based prevention services. All efforts selected to be addressed in the 2022-2023 fiscal years meet the definition of universal prevention programming. As a Community Prevention and Wellness Initiative recipient, we met the requirement to have at least 60% of selected strategies classified as Evidence-Based Programming at 75%. We used our logic model to validate our strategy selection process, see *Logic Model, Appendix 1 and Action Plan, Appendix 4*.

Clallam County Juvenile and Family Services staff with the Port Angeles Healthy Youth Coalition utilize online resources, including [The Athena Forum’s Excellence in Prevention Strategy List](#), [Blueprint for Healthy Youth Development](#), [Prevention Technology Transfer Center Network](#), and technical prevention experts, to select strategies to achieve desired outcomes. All methods are universal prevention and promotion in the Institute of Medicine (IOM) Continuum of Care Model and categorized by [The Center for Substance Abuse Prevention](#) (CSAP) prevention strategies to describe the type of service.

Strategies by domain - community, school, family (2021-2023)

Table Eight: Port Angeles Healthy Youth Coalition Community Strategy Portfolio			
Strategy	Description/Activities	IOM and CSAP	Local Partner
Community Coalition	Community organizing through communication, meetings, information sharing	Universal-Direct, Community Based Process	Clallam County Juvenile and Family Services
Training Program Profile	Coalition, Community and Coordinator training	Universal-Direct, Other: Training	Clallam County Juvenile and Family Services
Epidemiological Outcomes Workgroup	Data analysis, and collection to inform local prevention efforts	Universal-Direct, Community Based Process	Port Angeles School District, Olympic Educational Services District 114
Youth Concerns Port Angeles	Convene key leaders around local prevention	Universal-Direct, Community Based Process	Clallam County
Town Hall Events	Educate community members and professionals about prevention, and mobilize to action	Universal-Indirect, Community Based Process	Clallam County Health and Human Services, Youth Marijuana Prevention and Education Program, Port Angeles High School
Mentor Washington https://mentorwashington	Foster positive youth development, academic success, and job and career	Universal-Direct, Alternative	To be determined

.org/	readiness.		
Mentor Washington LGBTQ+ https://mentorwashington.org/wp-content/uploads/2019/04/MENTOR_LGBTQ-Supplement-to-EEP-for-Mentoring.pdf	Foster positive youth development, academic success, and job and career readiness with an emphasis on LGBTQ+ youth.	Universal-Direct, Alternative	To be determined
Handle With Care	Provides notice from public safety professionals to school professionals that a child has been exposed to a potentially traumatic event or experience.	Universal-Direct, Community-Based Process	Port Angeles School District and Clallam Resilience, Lower Elwha Police Department, Port Angeles Police Department, Port Angeles School Resource Officers (SROs), Port Angeles Fire Department, Clallam County Sheriff's Office, United Way of Clallam County
Community-Based Social Norms Marketing	Promote healthy beliefs, values, and norms relevant to underage substance use and related risk behaviors.	Universal-Indirect, Information Dissemination	Clallam County Target Zero and Youth Marijuana Prevention and Education Program
Med Take Back Campaign	Promote free, convenient, and environmentally responsible options to dispose of unwanted and expired medication.	Universal-Indirect, Information Dissemination	Clallam County Sheriff's Office
Lockbox/Lockbag Distribution	Provide free, safe, and convenient options for storing medications to prevent misuse, accidental poisoning, and overdose of substances.	Universal-Direct, Information Dissemination	Clallam County Sheriff's Office, BAART Port Angeles

Purchase Surveys	Limit perceived commercial availability of substances to underage through no-consequence compliance checks.	Universal-Direct, Environmental	Clallam County Sheriff's Office and Port Angeles Police Department
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Table Nine: Port Angeles Healthy Youth Coalition School Strategy Portfolio

Strategy	Description	IOM and CSAP	Local Partner
Youth Prevention Club	School-based efforts to promote healthy and safe alternatives to high-risk behaviors like underage substance use, driving safety, unaddressed mental health issues, and peer to peer safety.	Universal-Direct, Community Based Process	Port Angeles High School, Olympic Educational Services District 114
SPORT Prevention Plus Wellness https://www.blueprintsprograms.org/programs/477999999/sport-prevention-plus-wellness/	Single-session program to increase performance-enhancing behaviors like physical activity, sports participation, healthy eating, getting adequate sleep, and practicing stress control for youth.	Universal-Direct, Education	Port Angeles High School and Port Angeles Middle School
School-Based Social Norms Marketing	Promote healthy beliefs, values, and norms relevant to underage substance use and related risk behaviors.	Universal-Indirect, Information Dissemination	Port Angeles School District, Olympic Educational Services District 114
Hidden in Plain Sight https://drugfreegeneration.org/what-we-do/hidden-in-plain-sight.html	Training offered to parents and caregivers about substances and substance use products look like and where they can hide.	Universal-Indirect, Information Dissemination	To be determined
High in Plain Sight https://www.dcjs.virginia.gov/training-events/high-plain-sight-current-alcohol-dr	Training offered to professionals working with youth on the latest substance and substance	Universal-Indirect, Information Dissemination	Clallam County Health and Human Services, Youth Marijuana Prevention and Education Program, Port

ug-and-concealment	use trends.		Angeles High School
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Table Ten: Port Angeles Healthy Youth Coalition Family Strategy Portfolio			
Strategy	Description	IOM and CSAP	Local Partner
Guiding Good Choices https://www.blueprintsprograms.org/programs/3999999/guiding-good-choices	Promotes healthy, protective parent-child interactions reducing the risk of early initiation of substance use, grades 4th, 5th, and 6th.	Universal-Direct, Education	Clallam County Juvenile and Family Services, Clallam County Child Advocate Program
Nurse Family Partnership https://www.blueprintsprograms.org/programs/3599999/nurse-family-partnership/	Nurse home visiting program for select first time pregnant and parenting individuals to promote health, well-being, and self-efficacy.	Universal-Direct, Education	Jefferson County
Family-Based Social Norms Marketing	Promote healthy beliefs, values, and norms relevant to underage substance use and related risk behaviors.	Universal-Indirect, Information Dissemination	Port Angeles School District, Olympic Educational Services District 114

**Evidence-Based Programming*

Cultural Competency and Health Equity in Planning

The Coalition will continue learning about logic models and evidence-based strategies to see the connection between our efforts and desired outcomes. This 2021-2023 strategy portfolio focuses on evidence-based and promising programs proven effective in similar geographies and cultural settings in consultation with equity-focused entities in the community including, Clallam Resilience, 4-H Clallam County, and Olympic Educational Service District 114.

The Coalition will create a plan to develop each new strategy in the coming months. The plan will include identifying outreach efforts to reach intended audiences and developing promotional materials and resources for each program to be successful. The Community Coalition Coordinator with Clallam County Juvenile and Family Services will determine those trained to deliver strategies and fine-tune delivery details. Planning details are anticipated to fluctuate during this initial delivery period.

In the coming months, the Coalition will conduct a health disparities impact on the relationship to understand substance use and gender, race and ethnicity, socioeconomic status, and sexual orientation. We aim to focus our planning on meeting the needs of those assessed to be under-served and

historically oppressed and continue to plan our efforts with an inclusive lens. During the planning of these efforts, we will acknowledge and reflect on the intended and unintended impacts of our programs, and change efforts as needed. Overall, these strategies work together to challenge fear-based assumptions and generalizations about individuals with substance use and opioid use disorder and apply universal prevention to Port Angeles.

Sustainability in Planning

To build upon existing strategies during this capacity-building period, the Coalition has selected strategies to be implemented in partnership through built relationships in our community. Existing community entities will be trained in program facilitation, and guided through implementation and included in work planning. Membership will continue outreach efforts to gain community-wide input on these strategies before the end of this funding period.

Implementation

Structural Support

In light of COVID-19, the Port Angeles Healthy Youth Coalition has adjusted its program implementation. All meetings, events, and activities will now be held virtually. We can arrange for specific programming to be in-person depending on the time of year; if weather conditions permit outside gatherings. For classes or programming where participants cannot attend an online version, the Coalition will work with the partner and staff to find an alternative solution.

Additionally, the Coalition has expanded its use of technology and service of unique resources to provide equitable, safe, and full access to Coalition opportunities. Our virtual meetings and events include Zoom and MeetingOwl to give a more engaging virtual and hybrid experience. Other online tools include SurveyMonkey, Constant Contacts, Squarespace, Menti, EasyRetro, Excel, Tableau Desktop and Prep, ArcGIS, XMind, and Canva to improve group interactions and program implementation. As we transition to in-person implementation, the Coalition will have access to community spaces at County buildings including the downtown Clallam County Courthouse, and the westside Clallam County Juvenile and Family Services building.

Coalition members are responsible for developing implementation work plans for each strategy alongside the identified community partner. All members have completed an anonymous survey with details on their specific volunteer interests. Members are called upon by the Community Coalition Coordinator based on unique individual interests and sector affiliations to plan, implement and promote Coalition strategies. Involved members will be responsible for directing the details of events and programs from date and time to promotional material details. Media connections with Peninsula Daily, and KONP Radio greatly enhance our promotion efforts.

Port Angeles offers a supportive environment to launch prevention efforts, with numerous touchpoints within the community. Our strategies have been identified to fill a crucial gap in local youth substance use prevention efforts. The following year, the Coalition will develop and maintain partnerships that help us advance our mission and produce impact through localized prevention. Specifically, the monthly “Lunch” Planning Workgroup leads partnership recruitment. With over 20 local affiliations so far, we expect to continue working with a community-centered lens and generate healthy participation and continued interest from the community.

As a prevention contractor of the Division of Behavioral Health and Recovery (DBHR), the Coalition will also utilize the Social Norms Marketing (SNM) Guidance from Washington Health Care Authority, to ensure social norms marketing (SNM) campaigns are implemented to fidelity and achieve positive outcomes. When using DBHR funding, SNM should be designated as CSAP strategy “Information Dissemination1 ” for all documents (e.g., strategic plans, action plans, budgets, A-19s), and reporting should reflect this designation. We have already met the requirement of the Community Coalition Coordinator trained in SNM, meeting over the 18 hours of training requirement. We will continue to use local, approved data from Healthy Youth Survey, with identified gaps in perceived and actual norms. For all campaigns, we will also meet the requirement of working alongside community members to confirm the data and ensure the campaign is adequately pilot tested and proven to be culturally relevant. Further development of a communications plan to determine the message “dose” and mode(s) of message delivery are yet to be determined.

Budget

Fiscal resources were made available to the Coalition, July 1, 2021, through March 14, 2023, with a two-year funding continuation eligibility to be confirmed in March 2023. Currently, these grant sources include Substance Abuse Block Grant (SABG), COVID Enhancement and State Opioid Response (SOR) No Cost Extension (NCE), and SOR II awards. In-kind resources are available in the form of office space, office supplies, and meeting space from Clallam County Juvenile and Family Services. Participant incentives are provided by the Community Coalition Coordinator.

The Coalition will establish sustainable funding sources within our service area on a program-by-program basis. Working closely with community partners, we will identify which programs lead to healthy, reciprocal participation in the community. *See Budget, Appendix 5 for more detail.*

Port Angeles Healthy Youth Coalition is a past recipient of the Strategic Prevention Framework - State Incentive Grant (SPF-SIG) and Drug Free Community (DFC) Grant.

Cultural Competency and Health Equity in Implementation

The Coalition’s assessment has yet to reveal health disparities that drive differences in substance use disorder (SUD) and opioid use disorder (OUD). We lack the data needed to guide this aspect of strategic planning. Our work will continue with the Port Angeles School District and follow recommendations based on updated assessment results. Port Angeles has structural support for an equitable SUD and OUD prevention approach. We will leverage relationships to implement stigma-reducing messaging and training opportunities and rely on local experts to ensure our implementations include all populations receiving services.

Past iterations of the Port Angeles Healthy Youth Coalition were sustained through prevention leadership in the community. When leadership has been unavailable to facilitate, implementation has declined. Empowering local leaders to advocate for prevention is key to sustaining locally relevant prevention.

Sustainability in Implementation

Port Angeles Healthy Youth Coalition will utilize current funding through the Community Prevention and Wellness Initiative and staff support Community Coalition Coordinator (CCC) with fiscal and managerial assistance from Clallam County Juvenile and Family Services to fulfill the 2021-2023 Strategic Plan. Voluntary coalition members rely on the CCC to facilitate implementation. When additional volunteers or resources are needed to accomplish a strategy, the Coalition solicits those needs in the community through existing relationships.

The Coalition leans on relationships and community partnerships built through reciprocity, mutual respect, and collaboration to integrate strategies into existing organizations in Port Angeles and the region. Key partnerships to sustain implementation include, the Port Angeles School District, Clallam County and Olympic Educational Service District 114.

Reporting and Evaluation

The long-term outcomes of the Coalition’s goals and objectives are to reduce underage substance use, and more importantly, reduce the causal variables that lead young people to seek substances early in life. The table below outlines expected outcomes to be prioritized by this funding.

Expected Outcomes

Table Eleven: Baseline and Target Data 2021-2023		
Risk/Protective Factor	Goal	Outcome
(R) Community Disorganization, (P)	Goal 1: Increase community capacity and readiness to	Increased sector and partner engagement in the Coalition and

<p>Community Norms Disfavorable Towards Use</p>	<p>address youth substance use prevention.</p>	<p>collaborative prevention efforts. Measured by, # of sectors involved in Coalition meetings and workgroups and Coalition Assessment Tool survey results.</p>
<p>(R) Low Perception of Harm, (R) Early Initiation of Use, (R) Peer Attitudes Favorable Toward Use</p>	<p>Goal 2: Decrease early initiation of substance use among 8th and 10th grade students in the Port Angeles School District.</p>	<p>An increased understanding informs increased perception of harm of the risks associated with underage use. This increased understanding leads to delayed initiation and peer disapproval. Measured by, # of youth involved in Coalition meetings, workgroups and programming and pre/post test survey results.</p>
<p>(R) Family History of Problem Behavior, (P) Parental Attitudes Disfavorable Towards Use</p>	<p>Goal 3: Increase universal prevention services to parents and caregivers to lessen the effects of stress and trauma and generational substance use disorder.</p>	<p>Parents/caregivers experience increased self-efficacy, a belief in their ability to perform the parenting role successfully, overcome generational barriers, and encourage healthy decisions. Measured by, # of parents receiving Coalition-supported programming, and pre/post test survey results.</p>
<p>(R) Perceived availability, social access, and passive exposure.</p>	<p>Goal 4: Decrease the perceived availability of substances among the youth population.</p>	<p>Young people experience more barriers to accessing substances. Measured by, # of lockbags distributed to Port Angeles residents in need, and pre/post test survey results.</p>
<p>(P) Opportunities for prosocial involvement</p>	<p>Goal 5: Increase healthy beliefs and clear standards to promote a safe and healthy culture.</p>	<p>Community is empowered to articulate firm boundaries around underage substance use and encourage mental health. Measured by, outreach dosage and # of disseminated campaign materials.</p>

Evaluation Tools

The program survey selection tool is based on Minerva's Survey Selection resource from The Athena Forum. Surveys are implemented before and after all evidence-based programming to measure the program's success. The number served, meeting attendance and attendees, and hours complete for direct programming are also collected. Longer-term outcomes are measured in the Healthy Youth Survey.

We track the number of media postings, the number of people reached in our social media platforms, newsletter, and track to the website for community efforts. For non-virtual outreach, we use population-level data to estimate exposure and the number of exposure points.

Environmental media scans show changes in passive exposures to substances over time, while purchase surveys provide location-specific information for each purchase point in the City of Port Angeles.

The Coalition also utilizes key informant interviews and listening sessions to hear from youth, community members, leaders, and stakeholders on the emerging and shifting realities of youth substance use prevention amidst the COVID-19 pandemic. Interviews, focus groups are especially important in the development of a social norms marketing (SNM) campaign. As a prevention contractor of the Division of Behavioral Health and Recovery (DBHR), the Coalition will also utilize the Social Norms Marketing (SNM) Guidance from Washington Health Care Authority, to ensure social norms marketing (SNM) campaigns are evaluated with fidelity. A formal evaluation plan including follow-up surveys and analysis of follow-up data is yet to be determined. In the coming months, pending availability of data, the Epidemiological Outcomes Workgroup will begin determining if there is a gap between perceived and actual norms. After identified a target measure, the Coalition will determine the pre and post test requirements.

The results from these evaluation tools will be shared with the Coalition during regularly scheduled monthly community meetings. If results are inconclusive or challenging to interpret the Coalition will reach out to the Division of Behavioral Health and Recovery for further guidance. Adjustments will be made to implementation based on survey results, as information arises.

Quarterly survey result reports will be provided to implementation partners at the end of every program cycle. Annual survey result reports will be provided to key leaders and the broader community, in conjunction with the CPWI Community Survey results at a "data dive" Coalition meeting every January. Interested parties include the Port Angeles School District, Clallam County, and Olympic Education Service District 114.

HCA Reporting System

The Community Coalition Coordinator will meet reporting deadlines to Washington Health Care Authority's Division of Behavioral Health and Recovery on their designated reporting platform. Data entry requires session data, meeting minutes and notes, staff hours, and survey results to be entered

timely before the 15th of each month. Quarterly reports are also due every four months that outline achievements in addressing cultural competency, sustainability, and health disparities. All Coalition-related activities, sponsored events, conversations and networking, direct services, and meetings attended are captured in the reporting system.

Cultural Competency in Reporting and Evaluation

HCA is committed to increasing the diversity of the CPWI efforts. HCA requires us to collect demographic data and regularly review demographic information to help us evaluate disparities in our program outcomes and better serve individuals in Port Angeles. The data is used for internal evaluation only and is reviewed in aggregate and anonymous.

Survey results, at times, can feel inaccessible. Our Coalition is exploring a more participatory evaluation tool, Ripple Effects Mapping, with Washington State University by joining a Community of Practice with the Northwest (NW) Prevention Technology Transfer Center (PTTC). In the future, the Coalition will explore using this tool in partnership with the Lower Elwha Klallam Tribe to explore storytelling as an evaluation measurement tool.

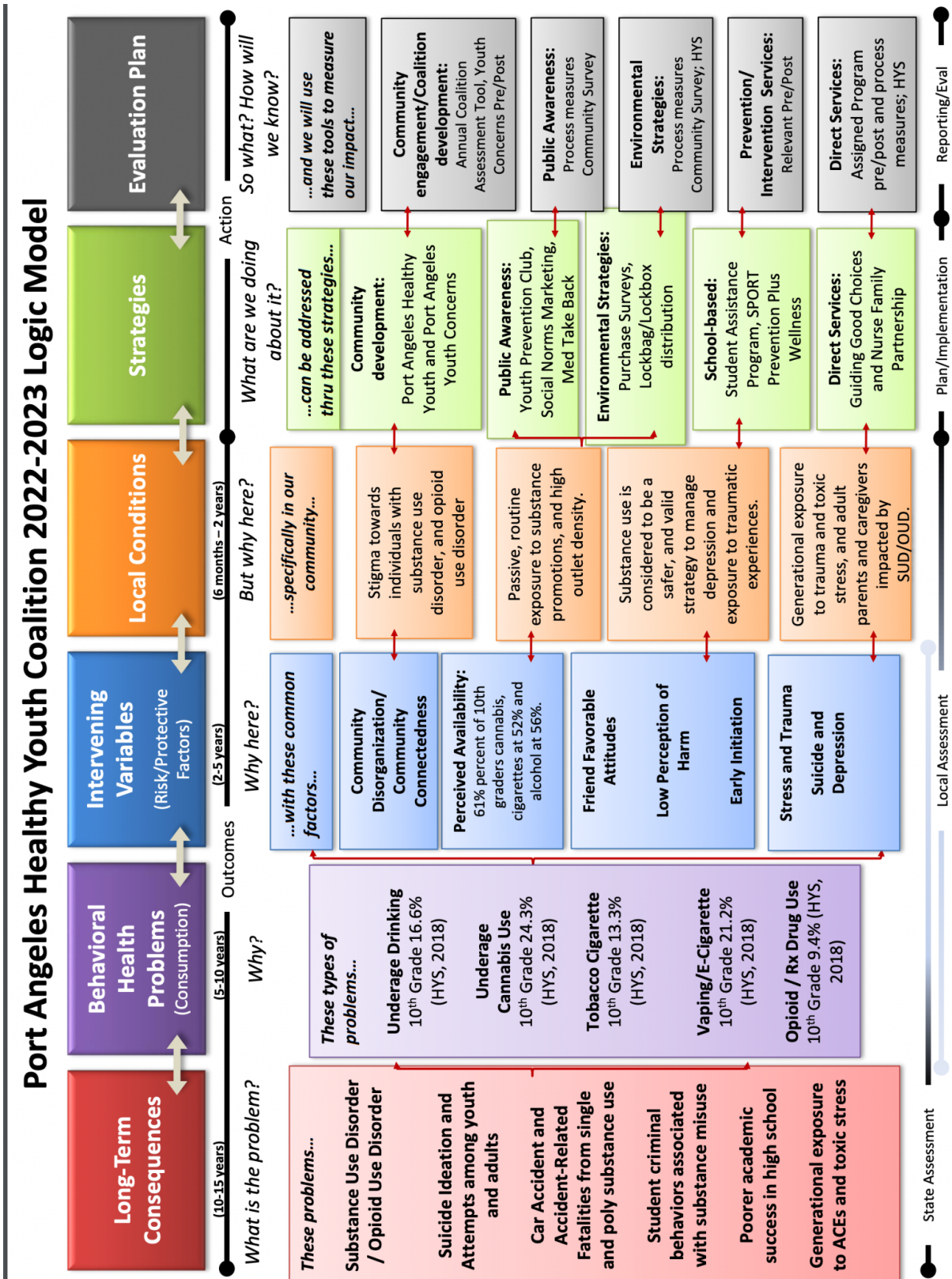
Sustainability in Reporting and Evaluation

The Coalition, in partnership with the Port Angeles School District and Olympic Educational Service District 114, will continue to access and analyze the Healthy Youth Survey. Coalition members will also participate in the Coalition Assessment Tool, Community Prevention Wellness Initiative Community Survey, Environmental Media Scans, and pre/post surveys. The Coalition creates many pre/post surveys to measure the progress of community-based processes, which yields unpredictable results.

Results from 8th grade in 2012, 10th grade in 2016, and 12th grade in 2018 were suppressed due to insufficient reporting from students. To promote higher participation in the Healthy Youth Survey and produce data with high enough confidence intervals to use, the Coalition will advocate that all students in the relevant grades participate in the future.

Evaluation efforts are overseen by Clallam County Juvenile and Family Services to uphold consistency in methods through staff transitions.

Appendix 1: Logic Model



Appendix 2: List of Coalition Members

Port Angeles Healthy Youth Coalition Membership				
Sector	Name	Profession	Organization	Workgroup
Schools / Education	AJ Teel	Student Assistance Professional	Olympic Educational Service District 114	Youth Engagement
Parent	Amanda Sanders	Family Support Specialist	Lutheran Community Services	“Lunch” Planning
Public Health	Christine Dunn	Youth Marijuana Prevention and Education Program Coordinator	Clallam County Health and Human Services	“Lunch” Planning
SUD Treatment	Colt Smith	Director Healthy Transistio	BAART Port Angeles	Youth Engagement
Youth-Serving Organization	Jane Semones	Grant Manager	Obria PNW	Community Coalition
Mental Health	Jesse Charles	Director of Healthy Transitions	Lower Elwha Klallam Tribe	Community Coalition
Court / Judiciary	Jody Jacobsen	Director	Clallam County Juvenile and Family Services	“Lunch” Planning
Law Enforcement / Public Safety	Josh Ley	Target Zero Manager	Clallam County Sheriff’s Office	“Lunch” Planning
Mental Health	Kaelan Gilman	Project Coordinator / Americorps Volunteer	Clallam Resilience Project	Youth Engagement
Local Government	Kate Dexter	Major of the City of Port Angeles	City of Port Angeles	Community Coalition
Healthcare Professional	Mel Melmed	Public Health Nurse	Community of Port Angeles	“Lunch” Planning, Epidemiological Outcomes
Youth-Serving Organization	Melanie Greer	Program Coordinator	WSU Clallam County Ext.	“Lunch” Planning, Youth Engagement

Other organizations involved in reducing youth substance use/misuse	Shawnda Hicks	PAVE Coordinator	Port Angeles / Sequim Strengthening Families Locally	Community Coalition
Business Community	Randy Johnson	County Commissioner	Clallam County	"Lunch" Planning Workgroup

Appendix 3: Resource Assessment

3.1 Childhood Development and Family Engagement - Resource Assessment for Port Angeles	
Implementing Agency	Prevention Strategy(ies)
<p>Concerned Citizens PNW http://www.concernedcitizenspnw.org/</p>	<p>Birth to Three Infant and Toddler Program - Early intervention services based on the needs of each infant and toddler and may include identification, screening, evaluation, and service coordination.</p> <p>Social Ecology: Family IOM: Universal-Direct CSAP: Community-Based Process EB: Yes</p>
<p>Department of Children Youth and Families https://www.dcyf.wa.gov/services/child-development-supports/sfwa/sf-locally</p>	<p>Strengthening Families Locally - Parents, volunteers, community agencies, schools, tribes, and the Department of Children, Youth and Families in building stronger, healthier communities and families. Strengthen Families Locally aims to increase family resilience and reduce rates of child maltreatment and entry into foster care in target communities.</p> <p>Social Ecolog(ies): Community IOM: Universal-Indirect CSAP: Community Based Process EB: Not sure</p>
<p>First Step Support Center https://firststepfamilysupportcenter.org/</p>	<p>Parenting Classes - Parenting classes are offered throughout the year to provide a safe place to learn how you can enhance your relationship with your child.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Education EB: Yes</p> <p>Port Angeles Kaleidoscope Play & Learn - Age-appropriate learning activities for pre-schoolers are provided through art, music, song and dance, circle and storytime, literacy, science, and other activities.</p> <p>Social Ecology: Family IOM: Universal-Indirect CSAP: Community-Based Process EB: Not sure</p> <p>Mothering Together Support Group - A virtual Peer Support Group for mothers during pregnancy and/or the first years of their child’s life. Free to participate.</p> <p>Social Ecology: Individual IOM: Universal-Direct</p>

	<p>CSAP: Community-Based Process EB: Not sure</p> <p>Fathering in 15 - 15 topics focused on increasing a dad’s awareness and knowledge about what it takes to be a good dad, and the capacity, or skills, to carry out what he learns, building a dad’s self-worth and building a good man and a good dad.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Education EB: Not sure</p> <p>Parents as Teachers - Parents as Teachers promote the optimal early development, learning, and health of children by supporting and engaging parents and caregivers so that you have more tools to help your children learn and grow.</p> <p>Social Ecology: Family IOM: Universal-Direct CSAP: Community-Based Process EB: Yes</p> <p>The Parent-Child Assistance Program (PCAP) - Evidence-informed home visitation case-management model for pregnant and parenting women with substance use disorders.</p> <p>Social Ecology: Family IOM: Selective CSAP: Problem Identification and Referral EB: Yes</p> <p>Maternity Support Services - Preventive health and education services to help have a healthy pregnancy and a healthy baby.</p> <p>Social Ecology: Individual IOM: Selective CSAP: Education EB: Not sure</p> <p>Infant Case Management - Families with a child aged two months to one year are assisted in finding the resources, information, and support they need to help their child and family to grow and thrive.</p> <p>Social Ecology: Family IOM: Universal-Direct CSAP: Education EB: Not sure</p>
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	<p>Nurse Family Partnership - Serves first-time mothers and their families. A highly trained nurse meets with mothers to offer knowledge and support throughout pregnancy until their child reaches two years of age.</p> <p>Social Ecology: Family IOM: Universal-Direct CSAP: Education EB: Yes</p> <p>First Books Literacy Program - Free children’s books are made available as funding permits so that each child may start their own library. Parents are encouraged to enjoy reading, rhyming, singing, and counting with children to promote a culture of literacy in the home from infancy to preschool years. Activities to encourage family reading are offered as funding permits.</p> <p>Social Ecology: Family IOM: Universal-Indirect CSAP: Community-Based Process EB: Not sure</p>
<p>Lutheran Community Services</p> <p>https://lcsnw.org/programs/clallam-county-services/</p>	<p>Child Check - Universal and free screening program for social, emotional and behavioral development kids 18 months to kindergarten. The program also provides parenting support and resource referrals to parents with a focus on helping parents learn more about the development of their children and to encourage the adoption of effective parenting practices.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Education EB: Yes</p> <p>Northwest Parent Line (Port Angeles) - LCSNW Parent Line, our family center out in Port Angeles, provides parents and caregivers with information, resources, support, and connections to promote healthy, happy and safe development of their children. Like us today and show your support!</p> <p>Social Ecology: Community IOM: Universal-Indirect CSAP: Information Dissemination EB: Not sure</p> <p>Classes on budget management, health and nutrition - Survival Budgeting, a flexible seven-week financial education course. The class assists families with little to no banking experience who are often the target of predatory lenders. The curriculum focuses on providing skills and tools to help families bank and save money, understand borrowing basics and create a basic budget.</p> <p>Social Ecology: Family IOM: Selective</p>

	<p>CSAP: Education EB: Not sure</p> <p>Community Events - Kids Fest and Back to School - Two community events in Port Angeles to connect local families in the community with resources, supports, etc.</p> <p>Social Ecolog(ies): Community IOM: Universal-Indirect CSAP: Community Based Process EB: Not sure</p>
<p>Lower Elwha Head Start and Early Head Start (Port Angeles)</p> <p>https://www.elwha.org/departments/lower-elwha-head-start-and-early-head-start/</p>	<p>Head Start - Comprehensive program that provides children and families with information and access to education, health, mental, nutrition, family goal setting, prenatal education and resources. Participants receive initial dental services, and parents/caregivers are offered services in child development, health education, advocacy, and, through a cooperative agreement with Peninsula College.</p> <p>Social Ecolog(ies): Individual IOM: Universal-Direct, Selective CSAP: Community Based Process EB: Yes</p> <p>Family Nights - Parents from Head Start attending family nights can sign up for two credits per quarter that can be used as electives for pursuing degrees at Peninsula College.</p> <p>Social Ecolog(ies): Family, Community IOM: Universal-Direct CSAP: Education EB: Not sure</p>
<p>Parent to Parent of Clallam County (Port Angeles)</p> <p>https://www.facebook.com/ClallamCountyP2P/</p>	<p>Building a Village of Support - Life with a child or family member with disabilities can be challenging and complex. “Village building” is an intentional strategy to expand the web of support and resources available to assist in creating the best opportunity for your child or family member to thrive and experience their best life.</p> <p>Social Ecolog(ies): Community IOM: Universal-Direct CSAP: Community Based Process EB: Not sure</p>
<p>Olympic Community Action Programs (OlyCAP) Port Angeles</p> <p>https://olycap.org/</p>	<p>Early Childhood Services - Focused on addressing the needs of families with children age five and younger. Preschool, early childhood development, and family support services are offered at sites throughout Clallam and Jefferson counties. Children enrolled receive a developmental screening, an individualized learning plan, at least two meals each day, and an active learning</p>

	<p>experience on days they attend the center. In addition to children's services, each family enrolled receives support in accessing medical and dental care for their child, parenting education, home visits, and help with finding needed services or resources in the community. Our services are offered free to all qualifying families.</p> <p>Social Ecolog(ies): Family IOM: Selective CSAP: Community Based Process; Education EB: Not sure</p>
<p>Olympic Medical New Family Services</p> <p>https://www.olympicmedical.org/services/new-family-services/</p>	<p>You and Your New Baby - A support group. Each session focuses on the parents' needs, but common topics include newborn behavior, care and feeding, the transition into parenting, and postpartum physical and emotional issues.</p> <p>Social Ecolog(ies): Individual IOM: Universal-Direct CSAP: Community Based Process; Education EB: Not sure</p>
<p>Department of Children Youth and Families</p> <p>https://www.dcyf.wa.gov/services/child-development-supports/sfwa/sf-locally</p>	<p>Strengthening Families Locally - Parents, volunteers, community agencies, schools, tribes, and the Department of Children, Youth and Families in building stronger, healthier communities and families. Strengthen Families Locally aims to increase family resilience and reduce rates of child maltreatment and entry into foster care in target communities.</p> <p>Social Ecolog(ies): Community IOM: Universal-Indirect CSAP: Community Based Process EB: Not sure</p>

3.2 Positive Youth Development - Resource Assessment for Port Angeles

Implementing Agency	Prevention Strategy(ies)
<p>4-H of Clallam County</p> <p>https://extension.wsu.edu/clallam/4h/youth-advocates-for-health-ya4-h/</p>	<p>Youth Participatory Action Research (YPAR) - An innovative approach to positive youth and community development in which young people are trained to conduct systematic research to improve their lives, their communities, and the institutions intended to serve them.</p> <p>Social Ecology: School IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p>
<p>Boys & Girls Club</p>	<p>Inspire Her - Engage girls by creating opportunities that develop a strong body and mind; foster leadership and community involvement; and provide access to</p>

<p>https://www.bgc-op.org</p>	<p>career and academic resources. Women are invited to share their journey through mentoring opportunities, speaking engagements, and active involvement in programs focused on improving the lives of girls. We are inviting you to be part of the solution.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p> <p>Career Launch - For all youth 13 to 18 to assess their skills and interests, explore careers, make sound educational decisions and prepare to join our nation's workforce. Club staff or volunteers help teens build their job-search skills and job readiness.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p> <p>Keystone - Leadership development opportunities for young people ages 14 to 18. Youth participate in activities in three focus areas: academic success, career preparation, and community service.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p> <p>Passport to Manhood - Encourages boys age 8 to 14 to develop and mature into young men, represents a targeted effort to engage young boys in discussions and activities that reinforce character, leadership, and positive behavior.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p> <p>Positive Action - Education program that engages youth ages 4 to 18 in character development, social and emotional learning, and academic improvement.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Yes</p> <p>SMART Girls - A small-group health, fitness, prevention/education, and</p>
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	<p>self-esteem enhancement program designed to meet the developmental needs of girls in three age groups, spanning ages 8 to 18.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p> <p>Teen Programs - Designed specifically for ages 13-18, afterschool space to engage with peers, prepare meals at no charge, and participate in community field trips.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p> <p>Torch Clubs -Designed specifically for ages 11-13, helping to meet the special character-development needs of young adolescents at a critical stage in their life.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p> <p>Triple Play (Mind - Body - Soul) - A dynamic wellness program that is designed to help youth create opportunities to take charge of their personal health and wellness.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p> <p>Youth of the Year - A recognition program that focuses on acknowledging and making Club members aware of their own leadership abilities.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Community-Based Process EB: Not sure</p>
<p>Boy Scouts of Mt Olympic District</p> <p>http://seattlebsa.org/Mt-Olympus/</p>	<p>Scouting - Opportunities for youth ages 5 to 21 in the Cub Scout Packs, Scouts BSA Troops, Venturing Crews, Ships or Exploring Posts in the community.</p> <p>Social Ecology: Individual IOM: Universal-Direct</p>

	<p>CSAP: Community-Based Process EB: Not sure</p>
<p>Olympic Educational Service District 114 https://www.oesd114.org/student-services/student-assistance-program/#</p>	<p>Student Assistance Prevention - Intervention Services Program (SAPISP) - A comprehensive multi-tiered systems of support school-based behavioral health (including mental health and substance use) model. SAPISP aims to promote social, emotional, and behavioral wellbeing.</p> <p>Social Ecolog(ies): School IOM: Universal Direct; Selective CSAP: Problem Identification and Referral EB: Not sure</p>
<p>Girl Scouts of Western Washington Peninsula Region https://www.facebook.com/groups/PeninsulaGSWW/</p>	<p>Scouting - Opportunity to gain a sense of self, community service, civic engagement, education across age groups/generations, social classes, and races, and regardless of engagement in other extracurricular activities</p> <p>Social Ecolog(ies): Individual IOM: Universal-Direct CSAP: Community Based Process EB: Not sure</p>
<p>Obria Health https://obriapnw.org/services/optimal-health-education/</p>	<p>Optimal Health Education program (EDGE) - Educational curriculum for 4th - 12th grade students through a healthy, whole life “tool kit” that is immediately applicable in their daily life. Topics include bullying and violence prevention, drug and alcohol abuse awareness, personal strengths, social media awareness, and suicide prevention.</p> <p>Social Ecolog(ies): Individual IOM: Universal-Direct CSAP: Education EB: Not sure</p>
<p>Olympic Peninsula YMCA - Port Angeles https://www.olympicpeninsulaymca.org/7thgrade</p>	<p>7th Grade Initiative - Free Y memberships and programming to all 7th-grade students. Research shows that seventh grade is a critical time to decrease risk factor influences that have been shown to increase the likelihood for unhealthy behaviors, including substance abuse, delinquency, teen pregnancy, school dropout, and violence.</p> <p>Social Ecolog(ies): Community IOM: Universal-Indirect CSAP: Community Based Process EB: Not sure</p>
<p>Peninsula College</p>	<p>Upward Bound - A federally funded college preparatory program that offers assistance to low-income and first-generation, college-bound high school</p>

<p>https://pencol.edu/upward-bound</p>	<p>students. The focus of Upward Bound is to develop skills needed for postsecondary education and to help its graduates enter and stay in college working toward a four-year degree.</p> <p>Social Ecolog(ies): School IOM: Universal-Direct CSAP: Community Based Process; Education EB: Not sure</p>
<p>Olympic Angels</p> <p>https://www.olympicangels.org/</p>	<p>Dare to Dream - For youth ages 15-22 and Dare to Dream Jr. program for youth ages 11-14 to provide one-on-one mentorship to youth in care. Our mentors are advocates, guides, role models, valued friends, and available resources who guide youth in their accomplishment of developmental milestones through intentional giving, relationship building, and mentorship.</p> <p>Social Ecolog(ies): Individual IOM: Indicated CSAP: Community Based Process EB: Not sure</p>
<p>Serenity House</p> <p>https://www.serenityhouseclallam.org/youth</p>	<p>The Drop - A youth and young adult drop-in center providing a safe, warm, welcoming, and judgment-free space for youth to receive services, housing assistance, employment and education referrals, mental health and counseling referrals, schooling and program availabilities, communication tools and much more.</p> <p>Social Ecolog(ies): Individual IOM: Selective CSAP: Community Based Process EB: Not sure</p> <p>True Colors - All queer-identifying youth 12-24 are welcome to join our safe and supportive space to discuss/face our challenges, pinpoint and celebrate our strengths, and find ways to open the minds of the community around us.</p> <p>Social Ecolog(ies): Community IOM: Universal-Direct CSAP: Community Based Process EB: Not sure</p>
<p>T.A.F.Y. Center (The Answers for Youth Port Angeles)</p> <p>https://www.theanswer4youth.org/</p>	<p>TAFY Homeless Services for Youth -No cost for homeless and at-risk in Port Angeles for youth up to age 35. Provide life skills classes that include information on nutrition, baby care, exercise, First Aid, CPR, food handler cards, anger management, and values.</p> <p>Social Ecolog(ies): Individual IOM: Selective CSAP: Information Dissemination EB: Not sure</p>

3.3 Mental Health Promotion - Resource Assessment for Port Angeles	
Implementing Agency	Prevention Strategy(ies)
<p>Clallam County Health and Human Services</p> <p>http://www.clallam.net/hhs/</p>	<p>Suicide Prevention Task Force - Dedicated individuals committed to reducing the number of suicides and offering support to those who have been touched by suicide in Clallam County.</p> <p>Social Ecology: Community IOM: Universal-Direct CSAP: Community-Based Process EB: Yes</p>
<p>New Growth Behavioral Health</p> <p>http://www.thinknewgrowth.com/</p>	<p>Education - Information on parenting topics, child development topics, stress reduction, assertive and communication training, relationship enhancement and other mental health topics.</p> <p>Social Ecology: Individual IOM: Universal-Direct CSAP: Education EB: Not sure</p>
<p>Olympic Peninsula Community Clinic (OPCC)</p> <p>https://www.opcclinic.org/rediscovery_program.php</p>	<p>Rediscovery - Outreach to homeless camps and other areas where those experiencing homelessness spend time. We generally do not run names or seek arrests as we are building rapport and offering services. What we do is called "persistent engagement" to promote access to services.</p> <p>Social Ecolog(ies): Community IOM: Selective CSAP: Community-Based Process EB: Not sure</p>
<p>Peninsula Community Behavioral Health</p> <p>https://peninsulabehavioral.org/</p>	<p>Mental Health First Aid (Adult and Youth) - Courses appropriate for anyone 18 years and older who wants to learn how to help a person who may be experiencing a mental health-related crisis or problem. Topics covered include anxiety, depression, psychosis, and addictions.</p> <p>Social Ecolog(ies): Individual IOM: Universal-Direct CSAP: Education EB: Yes</p> <p>Peer Support Specialists - Peer-to-peer support from a person who has progressed in their own recovery from alcohol, substance use, or a behavioral health condition and assists other individuals do the same. Peers may: (1) Assist their peers in articulating goals for recovery; (2) Help clients learn and practice new skills and monitor progress; (3) Model effective coping techniques and self-help strategies based on their own recovery</p>

	<p>experience; (4) Support clients in advocating for themselves to obtain effective services.</p> <p>Social Ecolog(ies): Individual IOM: Indicated CSAP: Problem Identification and Referral; Alternative EB: Yes</p>
<p>United Way Clallam County</p> <p>https://www.unitedwayclallam.org/clallam-resilience-project</p>	<p>Clallam Resilience Project - A consortium of over 50 organizations working together to foster resiliency for our residents, organizations, community, and systems. Using research from the NEAR* sciences, we provide opportunities to connect, learn, and educate on how and why to apply trauma sensitive care county wide.</p> <p>*NEAR sciences are: Neuroscience, Epigenetics, Adverse Childhood Experiences (ACEs), and Resiliency</p> <p>Social Ecology: Community IOM: Universal-Direct CSAP: Community-Based Process EB: Yes</p>

3.4 Substance Use Treatment and Awareness - Resource Assessment for Port Angeles

Implementing Agency	Prevention Strategy(ies)
<p>Alcoholic Anonymous Port Angeles</p> <p>http://nopaa.org/meetings/</p>	<p>District 22 Alcoholics Anonymous - A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.</p> <p>Social Ecology: Individual IOM: Indicative CSAP: Problem Identification and Referral EB: No</p>
<p>Al Anon Port Angeles</p> <p>https://wa-al-anon.org/meetings/14266/</p>	<p>Safe Haven Of Hope AFG - Open to anyone interested in the family disease of alcoholism. Some groups invite members of the professional community to hear how the Al-Anon program aids in recovery</p> <p>Social Ecology: Family IOM: Indicated CSAP: Information Dissemination EB: Not sure</p>
<p>BAART Port Angeles</p>	<p>Counseling and Medical-Assisted Treatment Community - Treatment option to enhance care, including counseling, case management and</p>

<p>https://baartprograms.com/baart-programs-port-angeles/</p>	<p>community resources in a judgment-free setting. Social Ecology: Individual IOM: Indicated CSAP: Problem Identification and Referral EB: Yes</p>
<p>Cedar Grove Recovery Services https://www.cedargrovecounseling.com/about</p>	<p>Treatment and Recovery - Offering kind and effective recovery plans based on accountability and encouraging personal growth. Enriched by a peaceful, safe and compassionate environment surrounded by encouragement. Social Ecolog(ies): Individual IOM: Indicated CSAP: Problem Identification and Referral EB: Yes</p>
<p>Clallam County Juvenile and Family Servies https://www.clallam.net/juvenileservices/trueta.html</p>	<p>True Star Behavioral Health and Recovery - Offering treatment assessment, treatment and support for youth age 12 to 17 to increase substance abstinence, reducing juvenile justice recidivism, improving healthy social connectedness, and reduction in Juvenile Justice involvement. Social Ecolog(ies): Individual IOM: Indicated CSAP: Problem Identification and Referral EB: Yes</p>
<p>Lower Elwha Klallam Tribe https://www.elwha.org/departments/klallam-counseling-services/</p>	<p>Klallam Counseling - Education, process groups to learn about withdrawal, psychological effects of use, relapse triggers, high-risk situations, support and recovery. Social Ecolog(ies): Individual IOM: Indicated CSAP: Problem Identification and Referral EB: Yes</p>
<p>Narcotics Anonymous https://nopana.org/meetings/</p>	<p>North Olympic Peninsula Area of Narcotics Anonymous - a non-profit fellowship of people who suffer from the disease of addiction. We meet on a regular basis to help each other stay clean and share our experience, strength, and hope. Social Ecology: Individual IOM: Indicative CSAP: Problem Identification and Referral EB: No</p>
<p>North Olympic Health Network https://www.nohn-pa.or</p>	<p>MAT Program - MAT-dedicated nurses, work to determine the best medication for each patient engaged in our MAT program. Initially working weekly with patients our medical providers monitor MAT patients' progress adjusting the dose and duration of prescription medications and medical</p>

<p>g/help_for_opioid_addiction.php</p>	<p>visits. Over time, as patients improve, medical visits can decrease in frequency. Simultaneously, as medical providers are using medication to address the region of the brain in which cravings reside, our behavioral health therapists work with patients to rally and strengthen skills residing in the thinking and planning region of the brain. Counseling focuses on supporting patients through cognitive-behavioral skill-building that sharpens patients' ability to recover and make healthy lifestyle choices.</p> <p>Social Ecology: Individual IOM: Indicated CSAP: Problem Identification and Referral EB: Yes</p>
<p>Target Zero Clallam County</p> <p>https://www.facebook.com/watch/?v=296956135279382</p>	<p>Region 1 Target Zero - A plan with the goal to reduce the number of traffic deaths and serious injuries on Washington's roadways to zero by the year 2030. Strategy uses Positive Community Norms (PCN) media outreach.</p> <p>Social Ecolog(ies): Community IOM: Universal-Indirect CSAP: Community Based Process; Information Dissemination EB: Yes</p>
<p>The Jamestown S'Klallam Healing Clinic</p> <p>https://jamestownhealingclinic.org/</p>	<p>Chemical Dependency Treatment - SAMHSA Certified Opioid Treatment Program, united with comprehensive medical and other wrap around services to Tribal citizens and Non-tribal Clallam and Jefferson County community members.</p> <p>Social Ecolog(ies): Individual IOM: Indicated CSAP: Problem Identification and Referral EB: Yes</p>

Appendix 4: Action Plan

Port Angeles Healthy Youth Coalition Action Plan

July 1, 2021 – March 14, 2023

FOR COALITION USE ONLY	Date Submitted: 03/01/2022	Submitted By: Rachel Ray
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FOR DBHR USE ONLY	Date Approved:	Approved By:
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Funding Source Legend	
SABG	Substance Abuse Block Grant (Federal Funds)
SABG COVID	Substance Abuse Block Grant Covid Enhancement (Federal Funds)
SOR NCE	State Opioid Response (Federal Funds) (No Cost Extension)
SOR II	State Opioid Response (Federal Funds)
Match	Match funding to support implementation/training
Other	Local funding source or not DBHR contracted
TBD	Funding not secured yet, or Future Planning if funds became available

Goal 1: Decrease low neighborhood attachment and community disorganization.

Objective 1.1 *Increase community readiness to address youth substance misuse concerns in Port Angeles.*

CSAP Strategy: Community Based Process; and Other: Training

Name of Program	Funding Source	Brief Description	How	Who & IOM Category	Lead and Responsible Party(ies)	Surveys
<i>Community Coalition – Port Angeles</i>	SABG COVID Other	A formal arrangement for cooperation and collaboration between groups and sectors of a community. Each group retains its identity, but all agree to work together using the CPWI Strategic Prevention Framework toward a common goal of building a safe and healthy community.	How many program/activity series (groups): 7 Total sessions: 160	Who & # reached: 40 unduplicated community members. IOM: Universal -Direct	Lead: Clallam County Juvenile and Family Services Delivery: Community Coalition Coordinator	Survey: Coalition Assessment Tool (CAT) Frequency: Annual <input type="checkbox"/> Not Applicable

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<i>Youth Concerns Port Angeles</i>	SABG COVID	Youth Concerns Port Angeles is an opportunity to re-center and provide an opportunity for leaders from youth-serving institutions serving our community to increase community organization, align services and ensure the community safety net is intact during and beyond the COVID-19 pandemic.	How many program/activity series (groups): N/A Total sessions: N/A	Who & # reached: 32 unduplicated participants IOM: Universal - Direct	Delivery: Port Angeles Healthy Youth Coalition Lead: Community Coalition Coordinator	Survey: Youth Concerns Pre and Post Survey Frequency: 6 times/year <input type="checkbox"/> Not Applicable
<i>Training Program – Direct Services</i>	SABG COVID Other	Implementation facilitator training for direct services including, Mentor Washington, Guiding Good Choices, Nurse Family Partnerships, and SPORT Prevention Plus Wellness.	How many program/activity series (groups): 1 Total sessions: 8	Who & # reached: 25 unduplicated community members. IOM: Universal - Direct	Delivery: Clallam County Juvenile and Family Services Lead: Community Coalition Coordinator	Survey: Frequency: <input checked="" type="checkbox"/> Not Applicable

Objective 1.2 Increase community capacity to address youth substance misuse concerns in Port Angeles.

CSAP Strategy: Community Based Process; Information Dissemination and Other: Training

Name of Program	Funding Source	Brief Description	How	Who & IOM Category	Lead and Responsible Party(ies)	Surveys
<i>Town Hall Meetings</i>	SABG COVID	Town Hall Meetings are to educate the Port Angeles community, and professionals serving the Port Angeles community about underage substance use and mental health, and mobilize around prevention efforts.	How many program/activity series (groups): N/A Total sessions: N/A	Who & # reached: 100 unduplicated community members and partners. IOM: Universal - Indirect	Delivery: Port Angeles Healthy Youth Coalition Lead: “Lunch” Planning Workgroup	<input checked="" type="checkbox"/> Not Applicable
<i>Training Program Profile – Community Training</i>	SABG COVID	Community members and partners receive training specific to increasing capacity and readiness to address youth substance use prevention.	How many program/activity series (groups): 1 Total sessions: 8	Who & # reached: 50 unduplicated community members IOM: Universal - Indirect	Delivery: Port Angeles Healthy Youth Coalition Lead: “Lunch” Planning Workgroup	<input checked="" type="checkbox"/> Not Applicable
<i>Training Program Profile – Coordinator Training</i>	SABG COVID	Coordinator receive training specific to increasing capacity and readiness to address youth substance use prevention.	How many program/activity series (groups): 1 Total sessions: 25	Who & # reached: 1 unduplicated IOM: Universal - Direct	Delivery: Clallam County Juvenile and Family Services Lead: Manager, Cindy Hanson	<input checked="" type="checkbox"/> Not Applicable

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<i>Hidden in Plain Sight</i>	SABG COVID	Training offered to parents and caregivers about substances and substance use products look like and where they can hide.	How many program/activity series (groups): 1 Total sessions: 2	Who & # reached: 55 unduplicated parents/caregivers IOM: Universal - Indirect	Delivery: Port Angeles Healthy Youth Coalition Lead: Community Coalition Coordinator	<input checked="" type="checkbox"/> Not Applicable
<i>High in Plain Sight</i>	SABG COVID	Training offered to professionals working with youth on the latest substance and substance use trends.	How many program/activity series (groups): 1 Total sessions: 3	Who & # reached: 35 unduplicated professionals IOM: Universal - Indirect	Organization delivering the program: Port Angeles Healthy Youth Coalition Coalition lead on this program: Community Coalition Coordinator	Survey: To be determined Frequency: Pre/Post <input type="checkbox"/> Not Applicable

Objective 1.3 *Engage with government, policymakers, and prevention researchers to increase capacity to address youth substance misuse concerns in Port Angeles.*

CSAP Strategy: Community Based Process

<i>Handle With Care</i>	SABG COVID	Provides notice from public safety professionals to school professionals that a child has been exposed to a potentially traumatic event or experience.	How many program/activity series (groups): 1 Total sessions: 16	Who & # reached: 35 unduplicated community members and partners. IOM: Universal - Indirect	Delivery: Port Angeles Healthy Youth Coalition Lead: "Lunch" Planning Workgroup	<input checked="" type="checkbox"/> Not Applicable
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Objective 1.4 *Demonstrate effectiveness in Port Angeles Healthy Youth Coalition services.*

CSAP Strategy: Community Based Process

<i>Epidemiological Outcomes Workgroup</i>	SABG COVID	Data analysis, visualization, and interpretation.	How many program/activity series (groups): 1 Total sessions: 12	Who & # reached: 7 unduplicated community members and partners. IOM: Universal - Direct	Organization delivering the program: Port Angeles Healthy Youth Coalition Coalition lead on this program: Community Coalition Coordinator	<input checked="" type="checkbox"/> Not Applicable
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Goal 2: Decrease early initiation of substance use among middle and high school students in the Port Angeles School District.

Objective 2.1 *Work with school-based partners to decrease youth intention to use substances in the Port Angeles School District.*

CSAP Strategy: Education and Information Dissemination

Name of Program	Funding Source	Brief Description	How	Who & IOM Category	Lead and Responsible Party(ies)	Surveys
SPORT Prevention Plus Wellness	SABG	Single-session program to increase performance-enhancing behaviors like physical activity, sports participation, healthy eating, getting adequate sleep, and practicing stress control for youth.	How many program/activity series (groups): 1 Total sessions: 12	Who & # reached: 35 unduplicated students. IOM: Universal - Direct	Organization delivering the program: Port Angeles Healthy Youth Coalition with Olympic Educational Service District 114 Coalition lead on this program: Community Coalition Coordinator and Student Assistance Professional	Survey: SPORT Intention to Use Frequency: Pre/Post <input type="checkbox"/> Not Applicable
Youth Prevention Club	SABG COVID	School-based efforts to promote healthy and safe alternatives to high-risk behaviors like underage substance use, driving safety, unaddressed mental health issues, and peer to peer safety.	How many program/activity series (groups): 1 Total sessions: 24	Who & # reached: 15 unduplicated students IOM: Universal - Direct	Delivery: Education Service District 114 Lead: Student Assistance Professional	<input checked="" type="checkbox"/> Not Applicable

Objective 2.2 Work with school-based partners to increase presentation of prevention messaging on campus.

CSAP Strategy: Information Dissemination

School-based Social Norms Marketing	SABG COVID	Promote healthy beliefs, values, and norms relevant to underage substance use and related risk behaviors.	How many program/activity series (groups): 1 Total sessions: 12	Who & # reached: 2,500 unduplicated members of the school community IOM: Universal - Indirect	Delivery: Port Angeles Healthy Youth Coalition with Port Angeles School District and Olympic Educational Service District 114 Lead: Community Coalition Coordinator and Student Assistance Professional	<input checked="" type="checkbox"/> Not Applicable
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Goal 3: Reduce family history of problem behavior resulting from the effects of stress, trauma and generational substance use disorder.

Objective 3.1 Work with community partners to increase universal prevention programming to lessen the effects of stress on parents and caregivers.

CSAP Strategy: Education

Name of Program	Funding Source	Brief Description	How	Who & IOM Category	Lead and Responsible Party(ies)	Surveys
<i>Guiding Good Choices</i>	SABG COVID	Promotes healthy, protective parent-child interactions reducing the risk of early initiation of substance use, grades 4th, 5th, and 6th.	How many program/activity series (groups): 2 Total sessions: 22	Who & # reached: 14 unduplicated families IOM: Universal - Direct	Delivery: Clallam County Juvenile and Family Services Lead: Director, Jody Jacobsen	Survey: Love and Logic (Parent) Frequency: Pre/Post <input type="checkbox"/> Not Applicable

Objective 3.2 *Work with community partners to increase universal prevention programming to improve parental self-efficacy.*

CSAP Strategy: Education

Name of Program	Funding Source	Brief Description	How	Who & IOM Category	Lead and Responsible Party(ies)	Surveys
<i>Nurse Family Partnership</i>	SABG COVID	Nurse home visiting program for select first time pregnant and parenting individual aimed at improving health, well-being and self-sufficiency.	How many program/activity series (groups): 1 Total sessions: 4	Who & # reached: 4 unduplicated pregnant and parenting individuals IOM: Universal - Direct	Delivery: Jefferson County Public Health Lead(s): "Lunch" Planning Workgroup, Community Coalition Coordinator	Survey: Managing and Monitoring for Parents of Young Children Frequency: As needed <input type="checkbox"/> Not Applicable

Goal 4: Decrease the perceived availability of substances among the youth population.

Objective 4.1 *Work with community partners to decrease youth access to cannabis, prescription medication and illicit substances.*

CSAP Strategy: Information Dissemination

Name of Program	Funding Source	Brief Description	How	Who & IOM Category	Lead and Responsible Party(ies)	Surveys
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Port Angeles Healthy Youth Coalition - Strategic Plan 2021-2023

Med Take Back Campaign	SOR II	Promote free, convenient, and environmentally responsible options to dispose of unwanted and expired medication.	How many program/activity series (groups): 2 Total sessions: 6	Who & # reached: 100 unduplicated community members IOM: Universal - Indirect	Delivery: Clallam County Sheriff's Department, Port Angeles Healthy Youth Coalition Lead: Community Coalition Coordinator, Target Zero Manager, Josh Ley	<input checked="" type="checkbox"/> Not Applicable
Lockbox/Lockbag Distribution	SOR NCE	Provide free, safe, and convenient options for storing medications to prevent misuse, accidental poisoning, and overdose of substances.	How many program/activity series (groups): 1 Total sessions: 6	Who & # reached: 125 unduplicated community members IOM: Universal - Direct	Delivery: Port Angeles Healthy Youth Coalition, Clallam County Sheriff's Department Lead: Community Coalition Coordinator, Target Zero Manager, Josh Ley	Survey: Lockbox/Lockbag Pre/Post Survey Frequency: As needed <input type="checkbox"/> Not Applicable
Purchase Surveys	SABG COVID	Limit perceived commercial availability of substances to underage through no-consequence compliance checks.	How many program/activity series (groups): 1 Total sessions: 8	Who & # reached: 6 unduplicated stores IOM: Universal - Indirect	Organization delivering the program: Port Angeles Police Department and Clallam County Juvenile and Family Services Coalition lead on this program: "Lunch" Planning Workgroup	<input checked="" type="checkbox"/> Not Applicable

Goal 5: Increase healthy beliefs and clear standards to promote a safe and healthy culture.

Objective 5.1 *Work with a community partner to provide opportunities and skills to promote role models who exhibit healthy beliefs and clear standards around youth substance use.*

CSAP Strategy: Alternative

Name of Program	Funding Source	Brief Description	How	Who & IOM Category	Lead and Responsible Party(ies)	Surveys
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Port Angeles Healthy Youth Coalition - Strategic Plan 2021-2023

<p><i>Mentor Washington</i></p>	<p>TBD</p>	<p>Foster positive youth development, academic success, and job and career readiness.</p>	<p>How many program/activity series (groups): 1 Total sessions: 6</p>	<p>Who & # reached: 6 unduplicated youth IOM: Universal - Direct</p>	<p>Organization delivering the program: To be determined Coalition lead on this program: Community Coalition Coordinator</p>	<p>Survey: 1) Mentee Teacher Survey 2) Mentor Support Tracking AM Bonding/Attachment Frequency: As needed <input type="checkbox"/> Not Applicable</p>
<p><i>Mentor Washington LGBTQ+ Supplemental</i></p>	<p>TBD</p>	<p>Foster positive youth development, academic success, and job and career readiness with an emphasis on LGBTQ+ youth.</p>	<p>How many program/activity series (groups): 1 Total sessions: 4</p>	<p>Who & # reached: 4 unduplicated youth IOM: Universal - Direct</p>	<p>Organization delivering the program: To be determined Coalition lead on this program: Community Coalition Coordinator</p>	<p>Survey: 1) Mentee Teacher Survey 2) Mentor Support Tracking AM Bonding/Attachment Frequency: As needed <input type="checkbox"/> Not Applicable</p>

Appendix 5: SFY23 Budget

Budget Summary with DBHR Funding Sources, March 14th 2022 - March 14th 2023			
Category	Substance Abuse Block Grant COVID Enhancement Prevention (SABG COVID)	State Opioid Response (SOR II) Year 2	Subtotals
11.1 Administration (8%)	\$8,400.00	\$2,000.00	\$10,400.00
22.5 Coordinator Salary	\$61,937.00		\$89,187.00
22.5 Coordinator Benefits	\$27,250.00		
22.7 Coordinator Training / Travel		\$3,850.00	\$3,850.00
Strategies / Programs	\$27,413.00	\$5,750.00	\$33,163.00
Community / Coalition Training and Travel		\$13,400.00	\$13,400.00
Totals	\$125,000.00	\$25,000.00	\$150,000.00*

*This total includes a \$20,000.00 carryover of SABG COVID funding from SFY22.

Budget Details of Strategies and Programs, March 14th 2022 - March 14th 2023			
Strategy/Program	Substance Abuse Block Grant COVID Enhancement Prevention (SABG COVID)	State Opioid Response (SOR II) Year 2	Subtotals
Community Coalition	\$7,413.00	\$4,025.00	\$11,438.00
Guiding Good Choices	\$3,415.00		\$3,415.00
Med Take Back Campaign		\$350.00	\$350.00
Nurse Family Partnership	\$16,585.00		\$16,585.00
Purchase Surveys		\$325.00	\$325.00
SPORT Prevention Plus Wellness		\$350.00	\$350.00

Social Norms Marketing		\$350.00	\$350.00
Youth Prevention Club		\$350.00	\$350.00
Totals	\$27,413.00	\$5,750.00	\$33,163.00*

Budget Details of Strategies and Programs, March 14th 2022 - March 14th 2023			
Coalition / Community Training	Substance Abuse Block Grant COVID Enhancement Prevention (SABG COVID)	State Opioid Response (SOR II) Year 2	Subtotals
Guiding Good Choices Facilitator Training		\$1,000.00	
Montana Summer Institute		\$2,500.00	\$11,438.00
Region 10 Opioid Summit		\$1,000.00	\$1,000.00
SPORT Prevention Plus Wellness		\$2,000.00	\$2,000.00
The Science of Stigma (or similar equivalent)		\$5,900.00	\$5,900.00
WA State Prevention Summit		\$1,000.00	\$1,000.00
Totals		\$13,400.00	\$13,400.00*

Appendix 6: Community Coalition Survey

2021 Community Prevention and Wellness Initiative Community Survey

We are interested in your opinions about youth substance use in our community. Your responses will help inform and improve prevention programs for our youth.

This 10-15 minute survey is completely anonymous.

You may skip any questions or stop the survey at any time.

Want to know more about our group?

You can contact us by phone and by email.

Please tear off this page if you would like to take our contact information with you.

Phone: _____

Email: _____

.....

If you would like us to contact you, please enter your contact information below.

Contact information is kept separate from this anonymous survey.

Please tear off this portion of the page and hand it in separately.

Name: _____

Phone number: _____

Email: _____

Admin

Initials: _____ #: _____ Date: _____

ENGLISH

These first questions ask about your perceptions of substance abuse and mental health concerns in your community.

1. How much of a problem do you think each of the following is among youth (6th–12th grade) in your community?

	Not a problem	A minor problem	A moderate problem	A serious problem	Don't know
Alcohol Use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marijuana or hashish use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prescription drug misuse (using medication without a prescription or in a way other than prescribed)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other drugs (specify below*)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Tobacco use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
E-cigarettes or other electronic vapor products	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driving under the influence of alcohol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driving under the influence of marijuana	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Suicide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bullying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bullying on social media	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*If you marked "Other Drugs" above, which drugs? _____

2. How much do you think people risk harming themselves when they drive...

	No risk	Slight risk	Moderate risk	High risk	Don't know
Under the influence of alcohol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Under the influence of marijuana	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3a. If youth wanted to get some alcohol, how easy would it be for them to get some?

	Very easy	Sort of easy	Sort of hard	Very hard	Don't know
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3b. If youth wanted to get some marijuana, how easy would it be for them to get some?

	Very easy	Sort of easy	Sort of hard	Very hard	Don't know
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4a. How much do you think youth risk harming themselves if they try marijuana once or twice?

	No risk	Slight risk	Moderate risk	High risk	Don't know
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4b. How much do you think youth risk harming themselves if they try marijuana regularly (once or twice a week)?

	No risk	Slight risk	Moderate risk	High risk	Don't know
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4c. How much do you think youth risk harming themselves if they use prescription drugs that are not prescribed to them?

	No risk	Slight risk	Moderate risk	High risk	Don't know
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

What are your opinions?

5a. Do you think it is OK for youth to drink at parties if they don't get drunk?

	No	Yes	Yes, but only on special occasions
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5b. Do you think it is OK for parents to offer their children alcoholic beverages in their homes?

	No	Yes	Yes, but only on special occasions
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5c. Do you think most adults in our community feel it is OK for parents to offer their children alcoholic beverages in their home?

	No	Yes	Yes, but only on special occasions
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Where do you think youth usually get prescription drugs not prescribed to them by a doctor? Select one.

At home	From friends	Buying them	Not sure
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/> Other : _____			

7. If you currently have prescription medication at your home, where is the medication usually kept? Select one.

Hidden	Locked up	Neither	Both (hidden and locked up)	N/A
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. Do you know where in your community you could get rid of prescription drugs that you no longer need?

Yes	No
<input type="radio"/>	<input type="radio"/>

9. There is a group of volunteers in your community who are working to reduce youth alcohol and other drug use. Are you aware of this group/coalition?

Yes	No
<input type="radio"/>	<input type="radio"/>

10. Are you a parent or guardian with any children in 6th–12th grade?

Yes	No
<input type="radio"/>	<input type="radio"/> If NO , go to Question 15

Parents/Guardians – please answer the following questions based on the school grade of your child/children. If you have children in both middle and high school, please respond to both categories provided.

11. Which statement BEST describes the conversation you have had with your child about alcohol use in the last 3 months? (Check all that apply for your middle and/or high school aged child/children in the specific grade)

	Your Middle School youth (6 th –8 th grade)	Your High School youth (9 th –12 th grade)
I have not talked with my child about alcohol use in the last three months.	<input type="radio"/>	<input type="radio"/>
I have told my child that alcohol is not OK and they will receive consequences if they use drink.	<input type="radio"/>	<input type="radio"/>
I told my child it is OK for him/her to have a few drinks on a special occasion.	<input type="radio"/>	<input type="radio"/>
I told my child about the risks of underage drinking and they should not drink.	<input type="radio"/>	<input type="radio"/>
I told my child that even though they are less than 21, they will have to decide for themselves whether or not to drink alcohol.	<input type="radio"/>	<input type="radio"/>

12. Which statement BEST describes the conversation you have had with your child about marijuana use in the last 3 months? (Check all that apply for your middle and/or high school aged child/children in the specific grade)

	Your Middle School youth (6 th –8 th grade)	Your High School youth (9 th –12 th grade)
I have not talked with my child about marijuana use in the last three months.	<input type="radio"/>	<input type="radio"/>
I have told my child that marijuana is not OK and they will receive consequences if they use marijuana.	<input type="radio"/>	<input type="radio"/>
I told my child about the risks of youth using marijuana and they should not eat, smoke, or use it any way.	<input type="radio"/>	<input type="radio"/>
I told my child that even though they are less than 21, they will have to decide for themselves whether or not to use marijuana.	<input type="radio"/>	<input type="radio"/>

13. When your child goes out in the evening or on the weekend, how often do you:

	Never	Rarely	Sometimes	Very often	Always
Ask who they will be with?					
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ask where they are going?					
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If my child is attending a party, check to see if the party will have adult supervision					
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Check to see if your child is under the influence of alcohol or drugs (talk with them, smell breath, check eyes)?					
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Set a time for your child to be home?					
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wait up until your child comes home?					
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

14. How wrong do you think it would be for your child....

	Not at all wrong	A little bit wrong	Wrong	Very wrong	Don't know
To drink alcohol					
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To use marijuana					
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To use prescription drugs not prescribed to them					
Middle School youth (6 th –8 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High School youth (9 th –12 th grade)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Demographics

15. What is your age?

18-24	25-34	35-44	45-54	55-64	65+
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

16. How do you currently identify yourself? Select all that apply.

Male	Female	Transgender	Questioning / not sure of my gender identity	Something else fits better
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

17. Are you of Hispanic, Latino/Latina or Spanish origin?

Yes No

18. What is your race? Select all that apply.

American Indian, Alaska Native	Asian or Asian American	Black or African American	Native Hawaiian or other Pacific Islander	White
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/> Other: _____				

19. What languages are spoken in your home? Select all that apply.

Cambodian/Khmer	English	Russian	Somali	Spanish
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/> Other: _____				

20. What is the highest degree or level of school you completed?

Less than high school	High school degree or GED	Some college	College/university graduate	Post graduate
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

21. What is your zip code where you live most of the time?

Thank you for participating in this survey!